

# Healthcare FSA Save over \$900 a year on health expenses



### Healthcare Flexible Spending Account (FSA)

A Healthcare FSA is a **personal expense account**, allowing you to set aside a portion of your salary **pre-tax** to pay for qualified medical expenses.

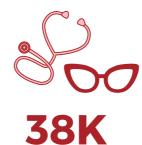




### Healthcare Flexible Spending Account (FSA)



COVERS YOUR WHOLE FAMILY



DIFFERENT WAYS TO USE YOUR FUNDS



EASY

MULTIPLE WAYS TO SUBMIT CLAIMS



MAXIMUM CONTRIBUTION



### An FSA helps you pay for things you already buy



#### **Over-the-counter (OTC) Medications**

On average, U.S. households spend \$338/year on OTC products like like Tylenol®, Zyrtec®, and cold medicine. With an FSA, you save \$100 each year on those purchases.

#### **Feminine Care Products**

The average woman spends \$300/year on feminine care products. With an FSA, you would save \$90 each year.

#### **Personal Protective Equipment (PPE)**

Masks, hand sanitizer and sanitizing wipes that are purchased to prevent the spread of COVID-19 are now eligible expenses.



### Pay 30% less on medical expenses



Tina typically spends \$1,000 yearly on glasses and contact lenses. But this year she signed up for a Healthcare FSA and was able to purchase them tax-free which saved her \$300

It's like free money!



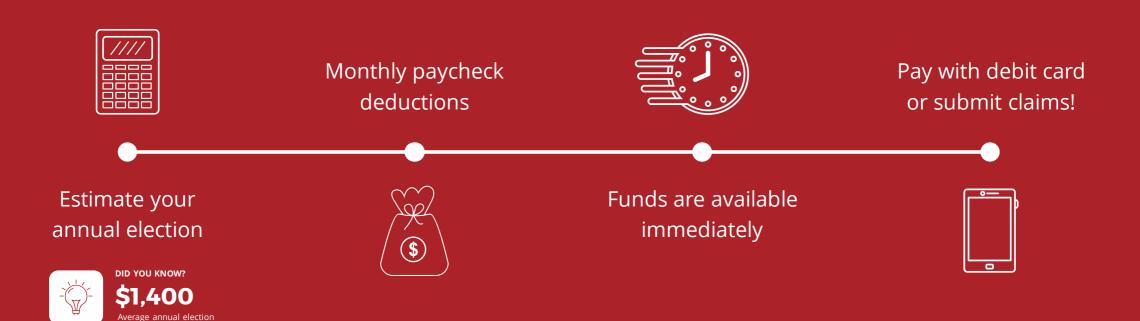
### Pay 30% less on medical expenses



#### Best of all, she can buy all her contacts at once!



#### How does it work?

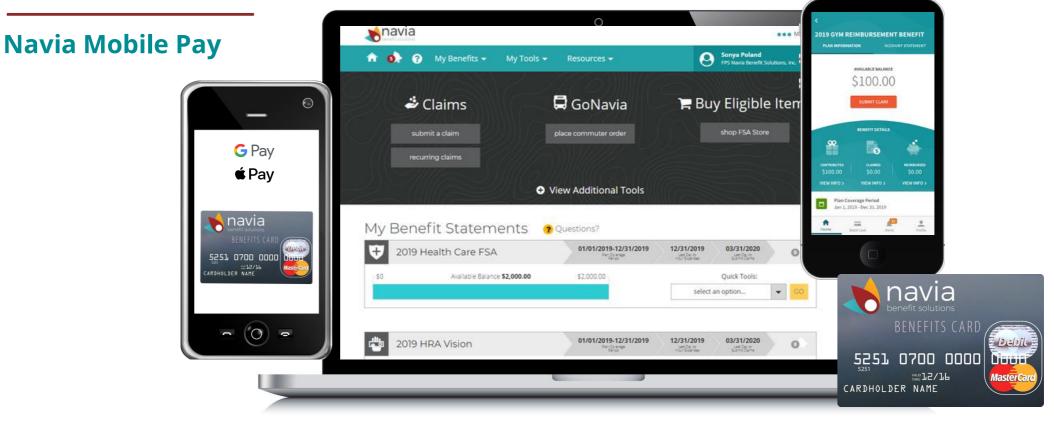


#### 38,000 ways to spend your FSA!

Over-the-counter drugs
Feminine care products
Home COVID-19 tests
Personal protective equipment
(PPE)
Prescriptions
Copays & Coinsurance
Deductibles
Office Visits
Dental work
Orthodontia
Glasses & Contacts
Chiropractic
Massage
Acupuncture

Capital improvements to your home, such as ramps, railings and support bars Mileage for travel to and from health appointments Night guards Bandages and other medical supplies Birth control Breast pumps Sunscreen Vaccinations and immunizations Stop-smoking programs Psychologists and therapy Breast reconstruction surgery Childbirth classes Eye surgery, including laser eye surgery and Lasik Fertility treatments and monitors Flu shots Hearing aids and batteries Insulin Lab fees Physical therapy Prescription sunglasses Prosthesis

### Accessing your benefits couldn't be easier!





# Why should I enroll?



Save enough money to pay for three months of groceries or a gym membership for a year



Rest easy knowing you have emergency funds for unexpected costs



Don't wait to get your son's braces, new glasses, or that laser eye surgery you've always wanted





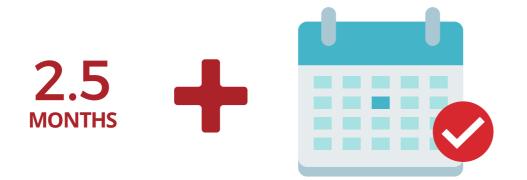
#### How long do I have to file a claim?



Run-out periods vary by employer and typically last 60 to 90 days after the end of the plan year Some plans let you carryover funds to the next year



*Check your employer's plan design to see if the Carryover feature is part of your plan.* 



Some plans give you extra time to incur expenses

Grace Period

Check your employer's plan design to see if the Grace Period feature is part of your plan.

#### We've got you covered!



#### U.S.

100% US-based, live customer support with offices in every time zone

#### **45 sec**

If you have a question, you wait less than a minute to talk with a live Navia expert



Claims are turned around within 2 days to ensure you are reimbursed fast





#### **Bottom line**

If you plan on spending even a dollar out-of-pocket for healthcare this year, a tax-advantaged benefit account will save you an average of 30% on every expense.

## **Enroll now!**





# Save up to \$1,500 a year on day care expenses



### Day Care Flexible Spending Account (FSA)



CHILDREN AND ELDERS COVERED



USE FUNDS TO PAY FAMILY



EASY

MULTIPLE WAYS TO SUBMIT CLAIMS



CONTRIBUTION



#### Day Care FSA works like a bank account and saves you money



A Day Care FSA helps you pay for day care expenses that you already pay for out-of-pocket! This account works like a bank account, meaning you cannot be reimbursed for more that what is in your account at any given time.



#### Ways to spend your Day Care FSA!

Child care Nanny or Au pair Before and after school care Day camps Preschool Elder care

#### Debit card and family care!



Easy debit card payments



Pay a family member for day care





#### **Bottom line**

If you plan on spending even a dollar out-of-pocket for healthcare this year, a tax-advantaged benefit account will save you an average of 30% on every expense.

## **Enroll now!**

#### **Education Resources**



#### https://www.naviabenefits.com/benefit-education-resources