

Benefit Contribution Limits

	2023	2024	
Healthcare & Limited Flexible Spending Accounts (FSA)			
Annual Maximum	\$3,050	\$3,200	
Carryover Maximum	\$610	\$640	
Dependent Care Flexible Spending Accounts (FSA)			
Self/Married Annual Maximum	\$5,000	\$5,000	
Married, but Filing Separately Annual Maximum	\$2,500	\$2,500	
Commuter Benefit Accounts (Transit & Parking)			
Monthly Maximum	\$300	\$315	
Health Savings Accounts (HSA)			
Individual Annual Maximum	\$3,850	\$4,150	2025 NEW! \$4,300
Family Annual Maximum	\$7,750	\$8,300	\$8,550
Catch-up Maximum	\$1,000	\$1,000	\$1,000
HDHP Deductible Limits			
Individual Minimum Deductible	\$1,500	\$1,600	
Family Minimum Deductible	\$3,000	\$3,200	