Benefit Summary Trident Seafood Corp HSA Group Number: 1502700/1502800



Effective Date 1/1/2024 Health Plan Core HMO Ref RQ-187186

This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$1,600 per calendar year Family deductible: \$3,200/\$3,200 per calendar year
	Until the total family annual deductible is met, benefits will not be provided for any family member
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%
Out-of-pocket limit	Individual out-of-pocket limit: \$4,000 Family out-of-pocket limit: \$6,850/\$8,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit:
	All cost shares for covered services If enrolled on the family plan you must meet the family out-of-pocket maximum
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: No copay, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic and/or brand Deductible and coinsurance applies. Certain preventive medications are covered in full.
Prescription mail order	3 x prescription cost share per 90 day supply
Acupuncture	Covered up to 8 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply

Devices, equipment and	
supplies	
Durable medical	
equipment	Covered at 50%, deductible applies
Orthopedic	
appliances	
Post-mastectomy	
bras limited to two (2) every six (6)	
months	
Ostomy supplies	
Prosthetic devices	
Diabetic supplies re	nsulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing eagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription lrugs are covered and have benefit limits, diabetic supplies are not subject to these limits
	npatient: Covered under Hospital services
Diagnostic lab and X-ray	Outpatient: Deductible and coinsurance apply
services	ligh end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require
·	rior authorization except when associated with Emergency care or inpatient services.
	0 copay Deductible and coinsurance apply
,	lo copay, deductible and coinsurance apply
Hearing hardware \$3	3,000 per ear every 36 months, deductible applies
Home health services No	lo visit limit, deductible and coinsurance apply
Hospice services De	Deductible and coinsurance apply
Infertility services No	lot covered
	Covered up to 10 visits per calendar year without prior authorization
i inc	lo copay, deductible and coinsurance apply
J	See Rehabilitation services
Maternity services O	npatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Mental Health	npatient: Deductible and coinsurance apply Dutpatient: No copay, deductible and coinsurance apply
Naturopathy ap	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan lo copay, deductible and coinsurance apply
Newborn Services	nitial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive are. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	lot covered
` ,	Inlimited, no waiting period
Organ transplants	anationt. Deductible and ecinquismes annly
in in	npatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
	Covered in full
Well-care physicals,	
	Vomen's contraception is covered as preventive, and Men's contraception is covered in full after annual deductible has seen satisfied
Pohabilitation convices	
lin De	npatient: 60 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply
Renabilitation visits are a	Outpatient: 60 visits per calendar year. Services with mental health diagnoses are covered with no limit.
TOTAL OF COMPINED THE RADY	
total of combined therapy visits per calendar year	lo copay, deductible and coinsurance apply
visits per calendar year	lo copay, deductible and coinsurance apply Up to 60 days per calendar year, deductible and coinsurance apply
visits per calendar year Skilled nursing facility Sterilization (vasectomy, W	
visits per calendar year Skilled nursing facility Sterilization (vasectomy, tubal ligation) We have the perfect of the perf	Up to 60 days per calendar year, deductible and coinsurance apply Vomen's sterilization is covered as preventive, and Men's sterilization is covered in full after the annual deductible has

Routine vision care (1 visit every 12 months)	No copay, deductible and coinsurance apply
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Deductible applies

RQ-187186