



MONARCH
CASINO RESORT SPA • BLACK HAWK



healthiestyou
By Teladoc



Simplify your life

Access doctors and therapists
by phone, video, or app

HealthiestYou Complete Bundle

Get Care Now (General Medical) \$0/unlimited visits

Talk to a doctor in minutes, 24/7 for non-emergency conditions

Mental Health - \$0/unlimited visits

Build an ongoing relationship with a therapist or psychiatrist of your choice by appointment 7 days a week.

Dermatology \$0/unlimited visits

Upload images of a skin condition and received a personalized treatment plan within 2 business days

Expert Medical Advice \$0/unlimited visits

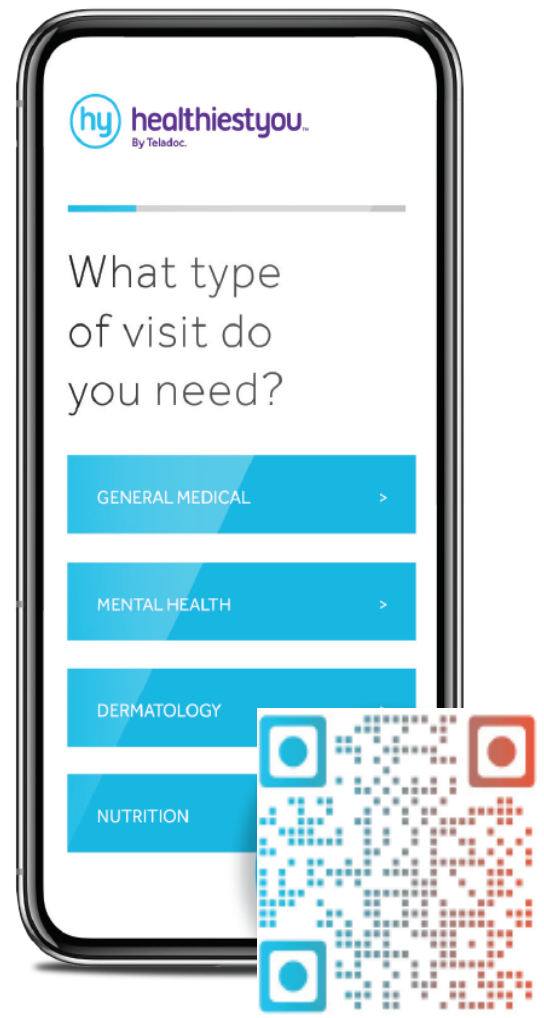
Our world-renowned medical experts can answer any medical questions, double-check a diagnosis, help you decide on a treatment plan or provide guidance about a surgery

Nutrition \$0/unlimited visits

Talk to a registered dietitian for a personalized nutrition plan or help managing a condition like diabetes or high blood pressure

Back & Joint Care 0/unlimited visits

Relieve your neck and back pain through guided videos with a certified health coach



Only \$3.50 per pay period!

Services are available to all employees & includes dependents

Medical insurance coverage is not necessary to enroll