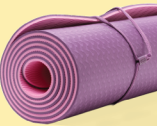




Join now
Get a yoga
mat on us!



*Restrictions apply. See below.



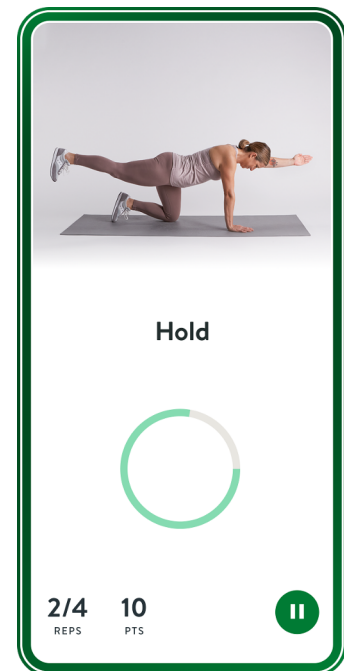
Ready, set, enroll!

Open enrollment is here.

Join Hinge Health for exercise therapy without leaving home. No copays. No office visits. Reduce your back and joint pain in just 15 minutes a day. Best of all, there's no cost to you — your Hinge Health benefit is 100% covered by Quantum Health.

Join Hinge Health to:

- Overcome pain or limited movement
- Recover from a recent or past injury
- Keep your joints healthy and pain free



Scan the QR code to enroll now!

hinge.health/resources

Questions? Call (855) 902-2777

*Eligibility to receive yoga mat is based on the program in which you are placed.

Participants must be 18+ and enrolled in a Quantum Health medical plan through their employer.