

## Welcome to **CVS Caremark**<sup>®</sup>

We manage your prescription benefits just like your health insurance company manages your medical benefits. That means helping you get the medication you need, when you need it, whether that's once a month or once a year. And along the way we'll help you find ways to save. Welcome to a prescription plan that has vour best health at heart.

## Here are six tips to help you save time and money on your medications:

1. Register at Caremark.com. That way we can keep you up to date on new and unique ways to save.

2. Be sure any retail pharmacy you use is in your network. Network pharmacies are included in your prescription plan to help keep costs low. If you fill out-of-network, you will have to pay 100% of the cost. Find a network pharmacy before you fill at Caremark.com.

3. Know which medications are covered. Your plan's list of covered medications can help you and your doctor find the most costeffective drug option. Find your plan's list of covered medications at Caremark.com.

4. Use the *Check Drug Cost* tool available at Caremark.com. You'll be able to do a sideby-side comparison of your medications to see where you could be saving.

5. Ask your doctor if there is a generic option for your brand-name medication. Proven just as safe and effective as brandname medications, generics may be an affordable option for your treatment.

## 6. Choose delivery by mail or pick up.

We'll deliver your 90-day supplies anywhere you like, with no-cost shipping (and status alerts for tracking). Our discreet packages are tamper-proof, weather-proof and temperature controlled, so it's a safe option for you.

- OR -

Pick them up at any CVS Pharmacy (including those inside Target stores). Either way you get the same quality, price and convenience.

## Find even more ways to save when you sign in at Caremark.com.

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