

Express Scripts<sup>®</sup> Pharmacy, our home delivery pharmacy, is a convenient option if you're taking a medication on a regular basis to treat an ongoing health condition. Express Scripts<sup>®</sup> Pharmacy, which is a Cigna company, is one of the country's largest home delivery pharmacies.

# What are the benefits of using Express Scripts® Pharmacy?

Express Scripts® Pharmacy helps make it easy for you to get your medication. With just a few simple clicks of your mobile phone, tablet or computer, your important medications will be on their way to your door (or location of your choice).

- > Easily order, manage, track and pay for your medications on your phone or online
- Standard shipping at no extra cost<sup>1</sup>
- > Fill up to a 90-day supply at one time
- > Helpful pharmacists available 24/7
- Automatic refills<sup>2</sup> and refill reminders so you don't miss a dose
- Flexible payment options

## Three easy ways to switch to home delivery

1. Log in to the myCigna® App or myCigna.com to move your prescription electronically. Click on the Prescriptions tab and select My Medications from the dropdown menu. Then simply click the button next to your medication name to move your prescription(s).







- 2. Call your doctor's office. Ask them to send a 90-day prescription (with refills)<sup>3</sup> electronically to Express Scripts Home Delivery. Or,
- **3.** Call Express Scripts® Pharmacy at 800.835.3784. They'll contact your doctor's office to help transfer your prescription. Have your Cigna ID card, doctor's contact information and medication name(s) ready when you call.

## Got a new prescription?

Ask your doctor to send it to Express Scripts® Pharmacy using one of these methods:

- 1. **Electronically:** For fastest service, they can send your prescription electronically to Express Scripts Home Delivery, NCPDP 2623735.
- 2. By fax: They can call 888.327.9791 to get a Fax Order Form.

# Together, all the way.



Offered by: Cigna Health and Life Insurance Company or its affiliates.

927352 c 05/21

# Use the myCigna® App or website. It's your "go-to" for everything you need to know about your plan's coverage.

- Easily manage all of your prescriptions on the My Medications page. Click on the Prescriptions tab and select My Medications from the dropdown menu.
  - View all of the prescriptions you've filled within the last 18 months.
  - Use the **myCigna** App to review your medications with your doctor during an office visit.
  - Move your prescription from a retail pharmacy to home delivery with the click of a button.
  - For home delivery fills: Refill your prescriptions, get real-time order status and tracking, sign up for automatic refills, pay your bill online, sign up for a payment plan, and more.
  - For retail pharmacy fills: View where and when you last filled your medications.
  - For specialty medications: Easily connect to your online Accredo account to manage orders.<sup>4</sup>
- **See which medications your plan covers.** You have hundreds of generic, preferred brand, and non-preferred brand medications to choose from.
- Use the Price a Medication tool to see how much your medication costs. You can also see if there are lower-cost alternatives available.<sup>5</sup>
- View your plan information. See your pharmacy claim history, coverage details, and account balances.

#### Call 800.835.3784







Place an order

Talk to customer service about an order

Talk to a pharmacist about your medication



- 1. Standard shipping costs are included as part of your prescription plan.
- 2. Express Scripts® Pharmacy can automatically refill certain medications. Log in to the myCigna App or website or call 800.835.3784 to sign up.
- 3. Certain medications may only be packaged in less than a 90-day supply. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
- 4. Not all plans offer Accredo as a covered pharmacy option. Please log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about the pharmacies in your plan's network.
- 5. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.

## Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company (CHLIC), Express Scripts, Inc., ESI Mail Pharmacy Service, Inc., Express Scripts Pharmacy, Inc., and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Colorado, Inc., Cigna HealthCare of Florida, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of Indiana, Inc., Cigna HealthCare of St. Louis, Inc., Cigna HealthCare of North Carolina, Inc., Cigna HealthCare of New Jersey, Inc., Cigna HealthCare of South Carolina, Inc., Cigna HealthCare of Tennessee, Inc. (CHC-TN), and Cigna HealthCare of Texas, Inc. "Express Scripts Pharmacy" refers to ESI Mail Pharmacy Service, Inc. and Express Scripts Pharmacy, Inc. Policy forms: OK – HP-APP-1 et al., OR – HP-POL38 02-13, TN – HP-POL43/HC-CER1V1 et al. (CHLIC); GSA-COVER, et al. (CHC-TN). The Cigna name, logo, "Together, all the way.," and "myCigna" are trademarks of Cigna Intellectual Property, Inc. "Express Scripts Pharmacy" is a trademark of Express Scripts Strategic Development, Inc. All pictures are used for illustrative purposes only.

927352 c 05/21 © 2021 Cigna. Some content provided under license.

CRP2011\_006333.1