

# Simplify your life.

Access doctors and therapists by phone, video, or app.

## Open enrollment period begins November 17 and ends December 9



## To enroll, call the Enrollment Center between 6:00am and 6:00pm MST at (833) 854-2700

 $\left[ \begin{array}{c} \bullet \\ \bullet \end{array} \right]$ 

Get Care Now (General Medical) \$0/unlimited visits Talk to a doctor in minutes, 24/7 for non-emergency conditions



#### Mental Health \$0/unlimited visits

Build an ongoing relationship with a therapist or psychiatrist of your choice by appointment 7 days a week (7am to 9pm MST)



#### Dermatology \$0/unlimited visits

Upload images of a skin condition and received a personalized treatment plan within 2 business days



#### Expert Medical Advice \$0/unlimited visits

Our world-renowned medical experts can answer any medical questions, double-check a diagnosis, help you decide on a treatment plan or provide guidance about a surgery



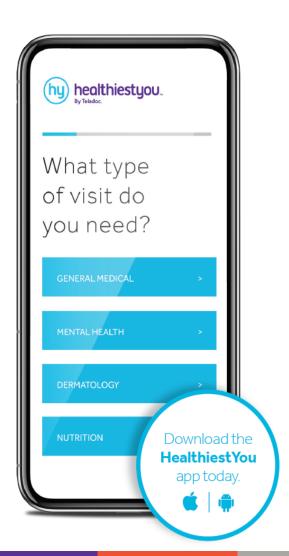
#### Nutrition \$0/unlimited visits

Talk to a registered dietitian for a personalized nutrition plan or help managing a condition like diabetes or high blood pressure



#### Neck & Back Care \$0/unlimited visits

Relieve your neck and back pain through guided videos with a certified health coach



### ONLY \$4.50 per pay period! All Team Members are eligible and price includes dependents.