

Employee Assistance Program (EAP) product guide



Voya Employee Benefits offers a broad array of traditional group insurance products, voluntary benefits and value-added services to meet the financial needs of employers and their employees. Through an arrangement with ComPsych® Corporation, Voya Employee Benefits also offers Employee Assistance Program (EAP) services when packaged with other insurance products.

About the EAP

ComPsych's fully integrated plan can:

- Help individuals improve their emotional well being
- Address personal, family and life issues with the aim of increasing productivity in the workplace

Examples of issues the EAP can help resolve are:

- Marital and family conflict
- Stress and anxiety
- Alcohol and drug abuse
- Grief and loss
- Depression
- Physical abuse
- Eating disorders

Key features

- 24/7 services via toll-free telephone line or email
- Live, Masters-level clinicians answer toll-free number
- Online access through GuidanceResources® Online
- Extensive network of licensed counselors
- Manager consultations
- Program communications and utilization reporting

What's Included:

In addition to the core features, Voya's standard plan includes up to three telephonic or face-to-face counseling sessions.

FamilySource®

Receive personalized attention and resources that cover all aspects of work-life needs. Information and referrals are available for:

- Child care
- Education
- Adoption
- Pet care
- Elder care
- Personal convenience services

LegalConnect®

Receive information and assistance for a broad range of legal issues with:

- Immediate, confidential access to staff attorneys
- Unlimited telephonic and online access to legal information from licensed attorneys
- Access to a credentialed national network of lawyers for in-person consultation
- Referral to lawyers in the community at discounted fees
- Comprehensive legal resource database
- Wide variety of no-cost legal options

FinancialConnect®

Receive access to financial experts in many areas of money management and planning with:

- Unlimited telephonic and online access
- On-staff CPAs and other financial experts
- Nationwide network of Certified Financial Planners®
- User-friendly online financial planning tools
- Recommended books and articles
- Student Loan resources and guidance

For broker and employer use only.
ReliaStar Life Insurance Company,
a member of the Voya® family of companies

PLAN | INVEST | PROTECT

VOYA
FINANCIAL

Optional Program Features

Employers can choose to add additional enhancements.

IDResources®

If you are a victim of identity theft, IDResources can help repair your credit and good name with tools such as:

- Support from legal and financial professionals
- Counseling to address emotional issues
- Work-life assistance

This optional feature is available for an additional per-employee-per-month cost.

Critical Incident Stress Debriefing Services

These specialized, onsite services can help in the case of a sudden, unexpected and traumatic event. These services are delivered for an added fee that is not part of the monthly cost.

Training & Development

Receive employee and manager EAP orientations and personal development workshops and seminars on over 160 topics, which can be delivered in person or via webinar. These services are delivered for an added fee that is not part of the monthly cost.

Eligibility

All full- and part-time employees and their immediate families are eligible to use the EAP immediately upon hire. No enrollment is necessary.

Cost

The employer pays the cost of the EAP. Accordingly, its services are available to employees and their dependents at no additional charge.

Advantages to employers

- ComPsych has a global network of more than 70,000 credentialed providers
- Can help in recruitment and retention of workers
- Assists employees with resolving issues that may otherwise hinder productivity

Advantages for employees

- Confidential: employees' privacy is protected by ComPsych
- Qualified counselors available 24/7 via toll-free telephone
- Convenient access to resources that assist in resolving complex work and life issues

About us

Voya Employee Benefits offers a broad array of traditional group insurance products, voluntary benefits and value-added services to meet the financial needs of employers and their employees. Insurance products are provided by ReliaStar Life Insurance Company, a member of the Voya® family of companies.

About ComPsych

EAP services are provided by ComPsych® Corporation, Chicago, IL. Services are not available in all states. ComPsych is the world's largest provider of employee assistance programs, covering more than 118 million individuals and more than 53,000 companies throughout the U.S. and in more than 170 countries. ComPsych was established in 1984 and is based in Chicago, Illinois. ComPsych®, GuidanceResources®, FinancialConnect®, LegalConnect® and IDResources® are registered trademarks of ComPsych® Corporation.

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