# **S** Guardian<sup>®</sup>

# YOUR GROUP INSURANCE PLAN BENEFITS

NEW ENGLAND UTILITY CONSTRUCTORS INC.
CLASS 0001
AD&D, LIFE, STD, VOLUNTARY LTD

The enclosed certificate is intended to explain the benefits provided by the Plan. It does not constitute the Policy Contract. Your rights and benefits are determined in accordance with the provisions of the Policy, and your insurance is effective only if you are eligible for insurance and remain insured in accordance with its terms.
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### CERTIFICATE OF COVERAGE

### The Guardian

10 Hudson Yards New York, New York 10001

We, The Guardian, certify that the employee named below is entitled to the insurance benefits provided by The Guardian described in this certificate, provided the eligibility and effective date requirements of the plan are satisfied.

Group Policy No.	Certificate No.	Effective Date
Issued To		

This CERTIFICATE OF COVERAGE replaces any CERTIFICATE OF COVERAGE previously issued under the above Plan or under any other Plan providing similar or identical benefits issued to the Planholder by The Guardian.

The Guardian Life Insurance Company of America

Stuart J Shaw Vice President, Risk Mgt. & Chief Actuary

CGP-3-R-STK-90-3 B110.0023

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CGP-3-TOC-96 B140.0003

### **GENERAL PROVISIONS**

As used in this booklet:

"Accident and health" means any dental, dismemberment, hospital, long term disability, major medical, out-of-network point-of-service, prescription drug, surgical, vision care or weekly loss-of-time insurance provided by this plan.

"Covered person" means an employee or a dependent insured by this plan.

"Employer" means the employer who purchased this plan.

"Our," "The Guardian," "us" and "we" mean The Guardian Life Insurance Company of America.

"Plan" means the Guardian *plan* of group insurance purchased by your *employer*.

"You" and "your" mean an employee insured by this plan.

CGP-3-R-GENPRO-90 B160.0002

### **All Options**

### **Limitation of Authority**

No person, except by a writing signed by the President, a Vice President or a Secretary of The Guardian, has the authority to act for us to: (a) determine whether any contract, plan or certificate of insurance is to be issued; (b) waive or alter any provisions of any insurance contract or plan, or any requirements of The Guardian; (c) bind us by any statement or promise relating to any insurance contract issued or to be issued; or (d) accept any information or representation which is not in a signed application.

CGP-3-R-LOA-90 B160.0004

### Incontestability

This plan is incontestable after two years from its date of issue, except for non-payment of premiums.

No statement in any application, except a fraudulent statement, made by a person insured under this plan shall be used in contesting the validity of his insurance or in denying a claim for a loss incurred, or for a disability which starts, after such insurance has been in force for two years during his lifetime.

If this plan replaces a plan your employer had with another insurer, we may rescind the employer's plan based on misrepresentations made by the employer or an employee in a signed application for up to two years from the effective date of this plan.

CGP-3-R-INCY-90 R160 0003

### **All Options**

### **Examination and Autopsy**

We have the right to have a doctor of our choice examine the person for whom a claim is being made under this plan as often as we feel necessary. And we have the right to have an autopsy performed in the case of death, where allowed by law. We'll pay for all such examinations and autopsies.

CGP-3-R-EA-90 B160.0006

### **All Options**

### **Accident and Health Claims Provisions**

Your right to make a claim for any accident and health benefits provided by this plan, is governed as follows:

You must send us written notice of an injury or sickness for which a claim is being made within 20 days of the date the injury occurs or the sickness starts. This notice should include your name and plan number.

Proof of Loss We'll furnish you with forms for filing proof of loss within 15 days of receipt of notice. But if we don't furnish the forms on time, we'll accept a written description and adequate documentation of the injury or sickness that is the basis of the claim as proof of loss. You must detail the nature and extent of the loss for which the claim is being made. You must send us written proof within 90 days of the loss.

> If this plan provides weekly loss-of-time insurance, you must send us written proof of loss within 90 days of the end of each period for which we're liable. If this plan provides long term disability income insurance, you must send us written proof of loss within 90 days of the date we request it. For any other loss, you must send us written proof within 90 days of the loss.

Late Notice of Proof We won't void or reduce your claim if you can't send us notice and proof of loss within the required time. But you must send us notice and proof as soon as reasonably possible.

### Payment of Benefits

We'll pay benefits for loss of income once every 30 days for as long as we're liable, provided you submit periodic written proof of loss as stated above. We'll pay all other accident and health benefits to which you're entitled as soon as we receive written proof of loss.

We pay all accident and health benefits to you, if you're living. If you're not living, we have the right to pay all accident and health benefits, except dismemberment benefits, to one of the following: (a) your estate; (b) your spouse; (c) your parents; (d) your children; (e) your brothers and sisters; and (f) any unpaid provider of health care services. See "Your Accidental Death and Dismemberment Benefits" for how dismemberment benefits are paid.

When you file proof of loss, you may direct us, in writing, to pay health care benefits to the recognized provider of health care who provided the covered service for which benefits became payable. We may honor such direction at our option. But we can't tell you that a particular provider must provide such care. And you may not assign your right to take legal action under this plan to such provider.

Limitations of You can't bring a legal action against this plan until 60 days from the date Actions you file proof of loss. And you can't bring legal action against this plan after three years from the date you file proof of loss.

## Compensation

Workers' The accident and health benefits provided by this plan are not in place of, and do not affect requirements for coverage by Workers' Compensation.

> CGP-3-R-AHC-90 B160.0014

### YOUR CONTINUATION RIGHTS

Your right to continue coverage under this plan is governed as follows.

### When You Can Continue

If You Leave The If you leave the group covered by this plan, you will remain insured for all Group group benefits provided by this plan, except for group term life insurance, until the earlier of:

- the end of a 31 day period which starts on the date your group benefits would otherwise end; or
- the date you become eligible for similar benefits.

CGP-3-R-CC-MA-91-2 B240.0138

### **ELIGIBILITY FOR ACCIDENT INSURANCE**

### **Employee Coverage**

Eligible Employees To be eligible for employee coverage you must be an active full-time employee, and you must belong to a class of employees covered by this plan.

Other Conditions If you must pay all or part of the cost of employee coverage, we won't insure you until you enroll and agree to make the required payments.

> CGP-3-EC-90-1.0 B476.1228

### **All Options**

When Your Employee benefits are scheduled to start on your effective date. But you Coverage Starts must be actively at work on a full-time basis on the scheduled effective date. And you must have met all of the applicable conditions explained above, and any applicable waiting period. If you are not actively at work on any date part of your insurance is scheduled to start, we will postpone that part of your coverage until the date you return to active full-time work.

> Sometimes, your effective date is not a regularly scheduled work day. But coverage will still start on that date if you were actively at work on a full-time basis on your last regularly scheduled work day.

> CGP-3-EC-90-2.0 B476.3878

### **All Options**

## Coverage Ends

When Your Your coverage ends on the date your active full-time service ends for Any reason. Such reasons include disability, death, retirement, layoff, leave of absence and the end of employment.

> It also ends on the date you stop being a member of a class of employees eligible for insurance under this plan, or when this plan ends for all employees. And it ends when this plan is changed so that benefits for the class of *employees* to which you belong ends.

> Your coverage ends on the date you are no longer working in the United States or working outside the United States for a United States based employer in a country or region approved by us.

> If you are required to pay all or part of the cost of this coverage and you fail to do so, your coverage ends. It ends on the last day of the period for which you made the required payments, unless coverage ends earlier for other reasons.

> Read this booklet carefully if your coverage ends. You may have the right to continue certain group benefits for a limited time.

# Group Accident Insurance Coverage During a Family Leave of Absence

**Group Accident** This section may not apply to an employer's *plan. You* must contact *your* rance Coverage employer to find out if:

- the employer must allow for a leave of absence under Federal law, in which case:
- the section applies to you.

Group Accident Insurance may normally end for *you* because *you* cease work due to an approved leave of absence. But, *you* may continue *your* coverage if the leave of absence has been granted: (a) to allow the *you* to care for a seriously injured or ill spouse, child, or parent; (b) after the birth or adoption of a child; (c) due to *your* own serious health condition; or (d) because of any serious injury or illness arising out of the fact that *your* spouse, child, parent, or next of kin, who is a covered service member, is on active duty(or has been notified of an impending call or order to active duty) in the Armed Forces in support of a contingency operation. *You* will be required to pay the same share of the premium as *you* paid before the leave of absence.

Group Accident Insurance may continue until the earliest of the following:

- The date you return to active work.
- The end of a total leave period of 26 weeks in one 12 month period, in the case of an *employee* who cares for a covered servicemember. This 26 week total leave period applies to all leaves granted to the *employee* under this section for all reasons.
- The end of a total leave period of 12 weeks in: (a) any 12 Month period, in the case of any other *employee*; or (b) any later 12 month period in the case of an *employee* who cares for a covered servicemember.
- The date on which *your* coverage would have ended had *you* not been on leave.
- The end of the period for which the premium has been paid.

**Definitions:** As used in this section, the terms listed below have the meanings shown below.

Active Duty: This term means duty under a call or order to active duty in the Armed Forces of the United States.

Contingency Operation: This term means a military operation that: (a) Is designated by the Secretary of Defense as an operation in which members of the armed forces are or may become involved in military actions, operations, or hostilities against an enemy of the United States or against an opposing military force; or (b) results in the call or order to, or retention on, active duty of members of the uniformed services under any provision of law during a war or during a national emergency declared by the President or Congress.

Covered Servicemember: This term means a member of the Armed Forces, including a member of the National Guard or Reserves, who for a serious injury or illness: (a), is undergoing medical treatment, recuperation, or therapy; (b) is otherwise in outpatient status; or (c) is otherwise on the temporary disability retired list.

Next Of Kin: This term means the nearest blood relative of the employee.

Outpatient Status: This term means, with respect to a covered servicemember, that he or she is assigned to: (a) a military medical treatment facility as an outpatient; or (b) a unit established for the purpose of providing command and control of members of the Armed Forces receiving medical care as outpatients.

Serious Injury Or Illness: This term means, in the case of a covered servicemember, an injury or illness incurred by him or her in line of duty on active duty in the Armed Forces that may render him or her medically unfit to perform the duties of his or her office, grade, rank, or rating.

CGP-3-EC-90-3.0 B476.1232

### Dependent Coverage

CGP-3-DEP-90-1.0 B473.0009

### All Options

### **Eligible Dependents** For Dependent **Accident Coverage**

Your eligible dependents are: (1) your legal spouse; And (2) your unmarried dependent children from birth until they reach age 26.

CGP-3-DEP-90-2.0 B476.1242

### All Options

## And Step-Children

Adopted Children Your "unmarried dependent children" include: (a) your legally adopted children; and (b) if they depend on you for most of their support and maintenance, your step-children.

> We treat a child as legally adopted from the time the child is placed in your home for the purpose of adoption. We treat such a child this way whether or not a final adoption order is ever issued.

**Dependents Not** We exclude any dependent who is insured by this *plan* as an *employee*. And, Eligible we exclude any dependent who is on active duty in any armed force. Upon notice of entry into service, pro rata unearned premiums will be refunded.

> A child may be an eligible dependent of more than one employee who is insured under this plan. In that case, the child may be insured for dependent accident benefits by only one employee at a time.

> CGP-3-DEP-90-3.0 B476.1244

### **All Options**

## Children

Handicapped You may have an unmarried child with a mental or physical handicap, or developmental disability, who can't support himself or herself. Subject to all of the terms of this section and the plan, such a child may stay eligible for dependent benefits past this plan's age limit.

> The child will stay eligible as long as he or she stays unmarried and unable to support himself or herself, if: (a) his or her condition started before he reached this plan's age limit; (b) he or she became insured for dependent accident benefits before he or she reached the age limit, and stayed continuously insured until he or she reached such limit; and (c) he or she depends on you for most of his or her support and maintenance.

> But, for the child to stay eligible, you must send us written proof that the child is handicapped and depends on you for most of his or her support and maintenance. You have 31 days from the date he or she reaches the age limit to do this. We can ask for periodic proof that the child's condition continues. But, after two years, we can't ask for this proof more than once a year.

The child s coverage ends when *your* coverage does.

CGP-3-DEP-90-4.0 B476.1246

### **All Options**

## Coverage Starts

When Dependent In order for your dependent coverage to start, you must: (a) already be insured for employee coverage; or (b) enroll for employee and dependent coverage at the same time.

> Subject to all of the terms of this plan, the date your dependent coverage is scheduled to start depends on when you elect to enroll your initial dependents and agree to make the required payments.

> If you do this on or before your eligibility date, the dependent coverage is scheduled to start on the later of: (a) your eligibility date; and (b) the date you become insured for employee coverage.

> If you do this after your eligibility date, the dependent coverage is scheduled to start on the later of the date you become insured for employee coverage and the date you sign the enrollment form.

> Once you have dependent child coverage for your initial dependent child(ren), any newly acquired dependent children will be covered as of the date they are eligible.

> CGP-3-DEP-90-6.0 B476.1247

### **All Options**

### Exception

We will postpone the effective date of a dependent's, other than a newborn child's, coverage if, on that date, he or she is: (1) confined to a hospital or other health care facility; (2) home confined; or (3) unable to perform two or more activities of daily living. In that case, we will postpone the effective date of his or her coverage until the day after the date: (a) of his or her discharge from such facility; (b) his or her home confinement ends; or (c) he or she is no longer requires assistance with two or more activities of daily living. If a dependent was covered under a prior plan at transfer, this language will not apply to the amount of coverage that was in force with the prior plan.

CGP-3-DEP-90-7.0 B476.1248

### **All Options**

### When Dependent Coverage Ends

Dependent coverage ends for all of your dependents when your coverage ends. Dependent coverage also ends for all of your dependents when you stop being a member of a class of employees eligible for such coverage. And, it ends when this plan ends, or when dependent coverage is dropped for all employees or for an employee's class.

If you are required to pay part or all of the cost or dependent coverage, and you fail to do so, your dependent coverage ends. It ends on the last day of the period for which you made the required payments, unless coverage ends earlier for other reasons.

An individual dependent's coverage ends when he or she stops being an eligible dependent. This happens to a child: (a) at 12:01 A.M. Standard Time at the child's place of residence on the date the child attains this plan's age limit; (b) when the child marries; or (c) when a step-child is no longer dependent on you for most of his or her support and maintenance. This happens to a spouse when a marriage ends in legal divorce or annulment.

CGP-3-DEP-90-7.0 B476.1250

### Schedule of Benefits

### **Employee And Dependent Accident Coverage**

For limitations regarding the number of benefit payments per covered accident please refer to the BENEFIT section.

**Benefits** 

Accident Emergency Room Treatment \$150.00

Accident Follow-Up Visit - Doctor \$25 up to 6 treatments

Accidental Death Employee: \$10,000.00 Spouse: \$5,000.00

Child: \$5,000.00

Accidental Death Common Carrier 200% of the Accidental Death benefit

Accidental Death Common Disaster 200% of the spouse's

Accidental Death benefit

Accidental Dismemberment Limit for all losses due to same accident:

\$10,000.00

Loss of a hand, foot or sight: 50% of

Accidental Death benefit

Multiple Losses of hand, foot or sight: For more than one covered loss due to the same Accident, we will pay 100% of the Accidental Death benefit

Loss of thumb and index finger of same hand or Loss of four fingers of same hand: 25% of Accidental Death benefit

> Loss of all toes of same foot: 25% of Accidental Death benefit

Accidental Death Seatbelt & Airbag benefit Seatbelt: \$10,000.00

Seatbelt & Airbag: \$15,000.00

Air Ambulance \$500.00

Ambulance \$100.00

Appliance \$100.00

Blood/Plasma/ Platelets \$300.00

### **Employee And Dependent Accident Coverage (Cont.)**

Burn <u>2nd Degree</u>

18 to 35 square inches: \$1,000.00

over 35: \$3,000.00

3rd degree

9 to 18 square inches: \$2,000.00 18 to 35 square inches: \$4,000.00

over 35: \$12,000.00

Burn - Skin Graft 50% of burn benefit

Catastrophic Loss Quadriplegia: 100% of Accidental Death

Loss of speech and Hearing

(both ears): 100% of Accidental Death

Loss of cognitive function: 100% of Accidental Death

Hemiplegia: 50% of Accidental Death Paraplegia: 50% of Accidental Death

Child Organized Sport Additional 20% of payable benefits

Coma \$7,500.00

Concussions \$50.00

Dislocations <u>Closed/Open</u>

Hip \$1,800.00/\$3,600.00

Knee \$900.00/\$1,800.00

Shoulder \$270.00/\$540.00

Collar bone (sternoclavicular) \$450.00/\$900.00

Collar bone (acromioclavicular and separation) \$90.00/\$180.00

Ankle or foot \$720.00/\$1,440.00

Lower jaw \$270.00/\$540.00

Wrist or elbow \$270.00/\$540.00

Toe or finger \$90.00/\$180.00

Bones of the hand \$270.00/\$540.00

Diagnostic Exam (Major) \$100.00

Emergency Dental Work Crown: \$200.00

Extraction: \$50.00

Epidural Anesthesia Pain Management \$100.00

Eye Injury \$200.00

Family Care \$20.00 per day

Fracture Closed/Open

Skull (depressed) \$2,250.00/\$4,500.00

Skull (non-depressed) \$900.00/\$1,800.00

### **Employee And Dependent Accident Coverage (Cont.)**

Hip, Thigh (femur) \$1,350.00/\$2,700.00 Vertebrae, body of (excluding vertebrae processes) \$675.00/\$1,350.00 **Pelvis** \$675.00/\$1,350.00 Leg \$675.00/\$1,350.00 Bones of the face or nose \$315.00/\$630.00 Upper jaw, maxilla \$315.00/\$630.00 \$315.00/\$630.00 Upper arm (humerous) Lower jaw, mandible \$270.00/\$540.00 Shoulder blade \$270.00/\$540.00 Vertebral process \$270.00/\$540.00 Forearm \$270.00/\$540.00 \$270.00/\$540.00 Kneecap Foot (except toes) \$270.00/\$540.00 Ankle \$270.00/\$540.00 Rib \$225.00/\$450.00 Coccyx \$180.00/\$360.00 Finger, toe \$90.00/\$180.00 \$750.00 **Hospital Admission Hospital Confinement** \$175.00 per day Hospital ICU Admission \$1,500.00 Hospital ICU Confinement \$350.00 per day Initial Physician's office/Urgent care facility treatment \$50.00 Knee Cartilage \$500.00 Joint Replacement Hip: \$1,500.00 Knee: \$750.00 Shoulder: \$750.00 Laceration No sutures required: \$20.00 Lacerations less than 5 cm: \$40.00

Lacerations at least 5 cm but less than 15 cm: \$150.00

Lacerations at least 15 cm or more: \$300.00

\$100.00 per day

Occupational or Physical Therapy \$25 per day

Prosthetic Device/Artificial Limb 1: \$500.00

2 or more: \$1,000.00

Reasonable Accomodation to Home or Vehicle \$2,500.00

Lodging

### **Employee And Dependent Accident Coverage (Cont.)**

Rehabilitation Unit Confinement \$150.00 per day

Ruptured Disc With Surgical Repair \$500.00

Surgery Cranial, open-abdominal or thoracic: \$1,000.00

Hernia \$125.00

Surgery - Exploratory or Arthroscopic \$150.00

Tendon/Ligament/Rotator Cuff 1: \$250.00

2 or more: \$500.00

Transportation \$400.00

Wellness Benefit \$50.00 per year

X - Ray \$20.00

CGP-3-SI B476.0048

### ACCIDENT COVERAGE

Important Notice: This is Accident Coverage. It provides a limited specified benefit. It is a supplement to, and not a substitute for, comprehensive medical coverage, and does not meet Minimum Creditable Coverage standards. Please read this Plan carefully to fully understand what it covers, limits, and excludes.

Subject to all of this plan's terms, this plan will pay the benefits described below if a covered person sustains an injury or incurs a loss as a result of a covered accident which occurs on or after the date he or she becomes insured by this plan. This plan pays no benefits other than what is specifically listed below.

All terms in italics are defined terms with special meanings. See the "Definitions" section of this plan. Other terms with special meanings are defined where they are used.

CGP-3-AC-IC-12-MA B476.1463

### **All Options**

### **Benefits**

## Treatment

**Accident** We pay the amount shown in the Schedule of Insurance if a covered person Emergency Room is examined or treated by a doctor in a hospital emergency room for the initial treatment of injuries sustained in a covered accident within 72 hours after the covered accident. This benefit is payable once per covered person per covered accident. We will not pay the Accident Emergency Room Treatment benefit and the Initial Doctor's Office/Urgent Care Facility benefit for the same covered accident.

## Accident Follow-Up

We pay the amount shown in the Schedule of Insurance if a covered person Visit requires additional follow up treatments (not including occupational, speech or physical therapy or chiropractic treatment) after initial emergency room treatment or doctor's office/urgent care facility treatment. We pay up to 6 treatments per covered person per covered accident. Treatment must begin within 60 days of a covered accident and be completed within 365 days.

### Accidental Death

We pay the amount shown in the Schedule of Insurance if a covered person sustains an injury in a covered accident that causes his or her death. The injury must cause his or her death within 90 days of the covered accident. If we pay this benefit, we will not pay the Accidental Death Common Carrier benefit.

## Common Carrier

Accidental Death We pay the amount shown in the Schedule of Insurance if a covered person's accidental death is due to a covered accident which occurs while the covered person is riding as a fare-paying passenger in a public conveyance. If we pay this benefit, we will not pay the Accidental Death benefit.

Accidental Death We pay the increased amount shown in the Schedule of Insurance if both Common Disaster you and your insured spouse die in a covered accident or in separate covered accidents within the same 24 hour period. The benefit increase applies to *your* insured spouse's benefit.

**Accidental** We pay the amount shown in the Schedule of Insurance if a listed loss is **Dismemberment** sustained by a covered person due to injuries caused by a covered accident.

- "Loss of a hand" means the hand is completely severed at or above the wrist.
- "Loss of a foot" means the foot is completely severed at or above the ankle.
- "Loss of sight" means total and permanent loss of sight.
- "Loss of thumb and index finger of same hand" or "Loss of four fingers of same hand" means complete severance at the metacarpophalangeal joints of the same hand. This benefit is not payable if benefits have been paid for "Loss of hand".
- "Loss of all toes of same foot" means complete severance at the metatarsalphalangeal joint. This benefit is not payable if benefits have been paid for "Loss of foot".

We will not pay more than \$10,000.00 for all losses due to the same covered accident.

Accidental Death We pay the seatbelt amount shown in the Schedule of Insurance if a covered Seatbelt and Airbag person dies due to injuries sustained in a covered accident while properly benefit wearing a seatbelt. We will pay the Seatbelt and Airbag amount shown in the Schedule of Insurance if a covered person dies as a direct result of an automobile accident while both properly wearing a seatbelt, and sitting in a seat equipped with an airbag. We will not pay both the Seatbelt and Seatbelt and Airbag benefit for the same covered accident.

### Air Ambulance

We pay the amount shown on the Schedule of Insurance if a covered person is transported by air ambulance to or from a hospital or between medical facilities for treatment of injuries sustained as the result of a covered accident within 48 hours of a covered accident. This benefit is payable once per covered person per covered accident.

Ambulance We pay the amount shown on the Schedule of Insurance if a licensed ambulance company transports a covered person by ground to or from a hospital or between medical facilities for treatment of injuries sustained as a result of a covered accident within 90 days of covered accident. This benefit is payable once per covered person per covered accident.

**Appliance** We pay the amount shown on the Schedule of Insurance if a covered person uses an appliance prescribed by a doctor as necessary due to an injury sustained as a result of a covered accident. An appliance includes wheelchairs, leg or back braces, crutches, walkers, walking boot that extends above the ankle, and brace for the neck. Use of the appliance must begin within 90 days of covered accident. This benefit is payable once per covered person per covered accident.

Blood/Plasma/ We pay the amount shown in the Schedule of Insurance if as the result of a Platelets covered accident a covered person receives a transfusion, administration, cross matching, typing and processing of blood/plasma/platelets within 90 days of the covered accident. This benefit is payable once per covered person per covered accident.

Burn We pay the amount shown in the Schedule of Insurance if a covered person receives burns as a result of a covered accident and is treated by a doctor within 72 hours of the covered accident. If a covered person meets more than one of the burn classifications, we pay the higher amount. This benefit is payable once per covered person per covered accident.

Burn - Skin Graft We pay the amount shown in the Schedule of Insurance when medically necessary grafting of the skin is received by a covered person for a burn that was payable under the Burn benefit. This benefit is payable once per covered person per covered accident.

Catastrophic Loss We pay the amount shown in the Schedule of Insurance if a covered person suffers a catastrophic loss within 365 days of a covered accident due to injuries sustained in a covered accident. This benefit is payable once per covered person per covered accident. If a Catastrophic Loss benefit is paid, an Accidental Dismemberment benefit will not be paid for the same or attached body part.

> CGP-3-AC-BEN-12 B476.0003

### **All Options**

Child Organized We pay the additional amount shown on the Schedule of Insurance if the Sport covered accident occurred while an employee's covered dependent child is participating in an *organized sport*. The child must be insured by this plan on the date the accident occurred. The covered child must be 18 years of age or younger.

Coma We pay the amount shown in the Schedule of Insurance if as the result of a covered accident a covered person is in a coma lasting at least 7 consecutive days characterized by the absence of eye opening, verbal response, and motor response. The condition must require intubation for respiratory assistance, be diagnosed or treated by a doctor within 90 days of the covered accident. This benefit is not payable for a medically induced coma.

**Concussions** We pay the amount shown in the Schedule of Insurance if a covered person sustains a concussion as the result of a covered accident and is diagnosed within 72 hours of the covered accident. This benefit is payable once per covered person per covered accident.

**Dislocations** We pay the amount shown in the Schedule of Insurance if a covered person is injured and suffers a dislocation as the result of a covered accident. A dislocation must be diagnosed by a doctor within 90 days of the covered accident. The dislocation must be corrected by open (surgical) or closed (non-surgical) reduction.

For multiple dislocations due to the same covered accident, we will pay no more than two times the benefit amount for the joint involved with the highest benefit amount.

For partial dislocations, we will pay 25% of the benefit shown in the Schedule of Insurance for a closed reduction.

## (Major)

Diagnostic Exam We pay the amount shown in the Schedule of Insurance if a covered person receives one of the following imaging studies due to a covered accident Computerized Tomography (CT scan), computerized axial tomography (CAT), magnetic resonance imaging (MRI or electroencephalography (EEG). The imaging study must be prescribed by a doctor and performed in a doctor's office or in a hospital on an inpatient or outpatient basis. This benefit is payable once per covered person per covered accident.

Emergency Dental We pay the amount shown in the Schedule of Insurance if a covered person Work suffers a broken tooth as the result of a covered accident and it is repaired by a dentist with a dental crown and/or dental extraction. The dental services must begin within 60 days of the covered accident. One dental crown and one dental extraction is payable per covered person per accident.

### **Epidural Anesthesia** Pain Management

We pay the amount shown in the Schedule of Insurance if a covered person is prescribed and receives an epidural administered for pain management for injuries received as a result of a covered accident. The epidural must be administered in a hospital or doctor's office and is payable twice per covered person per accident. This benefit is not payable for an epidural administered during a surgical procedure.

Eye Injury We pay the amount shown in the Schedule of Insurance if a covered person is injured as the result of a covered accident and suffers an eye injury. They eye injury must require surgery or the removal of a foreign object by a doctor within 90 days of a covered accident. This benefit is payable once per covered person per covered accident.

Family Care We pay the amount shown in the Schedule of Insurance if a covered person is injured as the result of a covered accident and is confined in a hospital, ICU or alternate care or rehabilitative facility and an employee has a child or children attending a child care center. The benefit is payable for each child attending a child care center while the covered person is confined. The child attending the child care center does not need to be insured under this Policy for Accident coverage but must meet the eligibility requirements found in the Dependent Eligibility section. This benefit is payable for up to 30 days within 365 days of the covered accident. This benefit is payable once per child per covered accident.

### Fracture (Bone)

We pay the amount shown in the Schedule of Insurance if a covered person suffers a fracture as a result of a covered accident and it is diagnosed within 90 days of the covered accident. The fracture must require open (surgical) or closed (non-surgical) reduction by a doctor. This benefit is payable for up to two fractures per covered person per covered accident. If there are more than two fractures, we will pay the highest two benefit amounts per covered person per covered accident. We pay 25% of the amount shown in the Schedule of Insurance for the closed reduction of a bone with a chip fracture that was a result of a covered accident.

CGP-3-AC-BEN-12 B476.0007

### **All Options**

Hospital Admission We pay the amount shown in the Schedule of Insurance if a covered person is admitted to a hospital within 180 days of a covered accident as a result of injuries sustained in a covered accident. This benefit is payable once per covered person per covered accident. This benefit is not payable for emergency room treatment, outpatient treatment, or a hospital stay less than 20 hours in an observation unit. We will not pay the Hospital Admission and Hospital Intensive Care Unit Admission benefits for the same covered accident.

## Confinement

Hospital We pay the amount shown in the Schedule of Insurance if a covered person is confined to a hospital within 180 days of a covered accident as a result of injuries sustained in a covered accident. This benefit is payable up to 365 days per covered accident. This benefit is not payable for a hospital stay less than 20 hours. We pay either the Hospital Confinement or the Hospital Intensive Care Unit Confinement benefits for each day.

## Hospital Intensive

We pay the amount shown in the Schedule of Insurance if a covered person Care Unit Admission is admitted directly to a hospital intensive care unit within 30 days of a covered accident as a result of injuries sustained in a covered accident. This benefit is payable once per covered person per covered accident. This benefit is not payable for emergency room treatment, outpatient treatment, or a hospital stay less than 20 hours in an observation unit. We will not pay the Hospital Admission and the Hospital Intensive Care Unit Admission benefits for the same covered accident.

## Confinement

**Hospital Intensive** We pay the amount shown in the Schedule of Insurance if a covered person Care Unit is confined to a hospital intensive care unit within 30 days of a covered accident as a result of injuries sustained in a covered accident. This benefit is payable up to 15 days per covered accident. This benefit is not payable for a hospital intensive care unit stay less than 20 hours. We pay either the Hospital Confinement or the Hospital Intensive Care Unit Confinement for each day.

**Initial Doctor's** We pay the amount shown in the Schedule of Insurance if a covered person Office/Urgent Care is examined or treated by a doctor in a doctor's office or urgent care facility Facility Treatment for the initial treatment of a covered accident within 30 days after the covered accident. This benefit is payable once per covered person per covered accident. We will not pay the Accident Emergency Room Treatment benefit and the Initial Doctor's Office/Urgent Care Facility Treatment benefit for the same covered accident.

**Knee Cartilage** We pay the amount shown in the Schedule of Insurance if a covered person tears, ruptures or severs knee cartilage (meniscus) as the result of a covered accident and requires surgical repair. The injury must be treated by a doctor within 60 days after the covered accident and repaired through surgery within 365 days.

### Joint Replacement

We pay the amount shown in the Schedule of Insurance if due to an injury sustained in a covered accident a covered person requires a hip, knee, or shoulder joint replacement. The joint replacement must be performed by a doctor within 90 days of a covered accident and is payable once per covered person per covered accident.

**Laceration** We pay the amount shown in the Schedule of Insurance if a covered person sustains a laceration as a result of a covered accident and it is repaired by a doctor within 72 hours of the covered accident. The amount we pay will be based on the total length of all lacerations received in any one covered accident which require repair. This benefit is payable once per covered person per covered accident for a laceration with no sutures and once per covered person per covered accident for a laceration which required sutures.

### Lodging

We pay the amount shown in the Schedule of Insurance for a companion's hotel/motel stay during the period of time a covered person is confined to the hospital as the result of a covered accident. This benefit is payable up to 30 days per covered person per covered accident and is only payable while the insured is confined to the hospital. The hospital must be more than 50 miles from the residence of the covered person.

## Physical Therapy

Occupational or We pay the amount shown in the Schedule of Insurance if a covered person requires occupational or physical therapy due to injuries sustained in a covered accident. Treatment must begin within 60 days of the covered accident, be completed within 6 months, and be performed by a licensed occupational or physical therapist. This benefit is payable up to 10 treatments per covered person per covered accident.

Prosthetic We pay the amount shown in the Schedule of Insurance if due to injuries Device/Artificial sustained in a covered accident a covered person receives one or more Limb prosthetic devices/artificial limbs as prescribed by a doctor for functional use due to the loss of a hand, foot or sight of an eye. The device or limb must be prescribed within 365 days of the covered accident and is payable once per covered person per covered accident. This benefit is not payable for hearing aids, dental aids (including false teeth), eyeglasses, or cosmetic prostheses such as hair wigs.

Reasonable We pay the amount shown in the Schedule of Insurance for a required Accommodation to modification made to a covered person's place of residence or vehicle if the Home or Vehicle covered person suffers an Accidental Dismemberment or Catastrophic Loss due to a covered accident. The modification must be made within two years of the covered accident and is payable once per covered person per covered accident.

Rehabilitation Unit We pay the amount shown in the Schedule of Insurance if a covered person Confinement is confined to rehabilitation unit due to injuries sustained in a covered accident. This benefit is payable up to 15 days per covered person per covered accident but cannot exceed 30 days per calendar year. We will not pay the Rehabilitation Unit Confinement and the Hospital Confinement benefits for the same day.

## Surgical Repair

Ruptured Disc With We pay the amount shown in the Schedule of Insurance if a covered person receives a ruptured disc in his spine as a result of injuries sustained in a covered accident. The injury must be treated by a doctor within 60 days of the covered accident and surgically repaired within 365 days of the covered accident. This benefit is payable once per covered person per covered accident.

> CGP-3-AC-BEN-12 B476.0009

### **All Options**

### open-abdominal, thoracic, hernia)

Surgery (cranial, We pay the amount shown in the Schedule of Insurance if a covered person undergoes cranial, open-abdominal, thoracic, or hernia surgery due injuries sustained to a covered accident. Cranial, open-abdominal, and thoracic surgery must be performed within 72 hours of the covered accident. Hernia surgery must be diagnosed within 30 days of covered accident and surgery must be performed within 60 days. If more than one surgery is performed, we pay the benefit with the highest dollar amount. This benefit is payable once per covered person per covered accident.

### Surgery (Exploratory and Arthroscopic)

We pay the amount shown in the Schedule of Insurance if a covered person undergoes exploratory or arthroscopic surgery as a result of injuries sustained in a covered accident and the surgery takes place within 60 days of the covered accident. This benefit is payable once per covered person per covered accident. Hernia repair is not covered under this benefit. This benefit is not payable if the Surgery or Tendon/Ligament/Rotator Cuff benefits are payable for the same surgery.

**Tendon/Ligament/** We pay the amount shown in the Schedule of Insurance if a covered person Rotator Cuff receives a torn, ruptured or severed tendon, ligament, or rotator cuff as the result of injuries sustained in a covered accident. The injury must be treated within 60 days of the covered accident and repaired through surgery within 365 days of the covered accident. This benefit is payable once per covered person per covered accident.

**Transportation** We pay the amount shown in the Schedule of Insurance if a covered person must travel more than 50 miles one way to receive special treatment at a hospital or free standing treatment facility due to a covered accident. The treatment must be prescribed by a doctor and not available locally. This benefit is payable up to three times per covered person per covered accident and is not payable if transportation is provided by ambulance or air ambulance.

Wellness Benefit We pay the amount shown in the Schedule of Insurance for one wellness benefit per calendar year per covered person if such person has a wellness test performed while coverage is in force. Wellness tests are

- Abdominal aortic aneurysm ultrasonography
- Blood test for triglycerides
- Bone marrow testing
- Bone density screening
- Breast ultrasound
- CA 15-3 (blood test for breast cancer)
- CA125 (blood test for ovarian cancer)
- Carotid ultrasound
- CEA (blood test for colon cancer)
- Chest x-ray
- Colonoscopy

- Completion of a smoking cessation program
- Completion of a weight reduction program
- Double contrast barium enema
- **EKG**
- Fasting blood glucose test
- Flexible sigmoidoscopy
- Hemoccult stool analysis
- **Immunizations**
- Mammography
- Pap smear
- PSA (blood test for prostate cancer)
- Routine/annual physicals
- Serum cholesterol test to determine level of HDL and LDL
- Serum Protein Electrophoresis (blood test for myeloma)
- Skin cancer biopsy
- Stress test on a bicycle or treadmill
- Thermography
- ThinPrep pap test
- Virtual colonoscopy.

### **X - Ray** We pay the amount shown in the Schedule of Insurance if a covered person receives an x-ray as the result of injuries sustained in a covered accident. The test must be prescribed by a doctor and performed in a doctor's office or a hospital on an inpatient or outpatient basis and performed within 90 days of the covered accident. This benefit is payable once per covered person per covered accident.

Payment of Benefits For covered loss of life, we pay your beneficiary described below.

For all other covered losses, we pay you, if you are living. If not, we pay your beneficiary described below.

We pay all benefits in a lump sum, as soon as we receive proof of loss which is acceptable to us. This should be sent to us as soon as possible.

### The Beneficiary

You decide who gets this benefit if you die. You should have named a beneficiary on your enrollment form. Your beneficiary designation should be maintained by your employer. You can change your beneficiary at any time by giving us written notice, unless you have assigned this insurance. But the change will not take effect until the employer gives you written confirmation of the change.

If you named more than one person, but didn't tell us what their shares should be, they will share equally. If someone you named dies before you, that person's share will be divided equally by the beneficiaries still alive, unless you have specified otherwise.

If there is no beneficiary when *you* die, we will pay this benefit to one of the following: (a) *your* estate; (b) *your* spouse; (c) *your* parents; (d) *your* children; or (e) *your* brothers and sisters.

CGP-3-AC-BEN-12 B476.0010

### **All Options**

### **Exclusions**

This *plan* will not pay benefits for any injury caused by or related to, directly or indirectly:

- Sickness, disease, mental infirmity or medical or surgical treatment.
- Voluntary use of any poison, chemical, prescription or non-prescription drug or controlled substance unless: (1) it was prescribed for a covered person by a doctor, and (2) it was used as prescribed. In the case of a non-prescription drug, this plan does not pay for any accident resulting from or contributed to by use in a manner inconsistent with package instructions. "Controlled substance" means anything called a controlled substance in Title II of the Comprehensive Drug Abuse Prevention and Control Act of 1970, as amended from time to time.
- The covered person being legally intoxicated.
- Declared or undeclared war, act of war, or armed aggression.
- Service in the armed forces, National Guard, or military reserves of any state or country.
- Taking part in a riot or civil disorder.
- Commission of, or attempt to commit a felony.
- Treatment rendered or hospital confinement outside the United States or Canada.
- Intentionally self inflicted injury, while sane or insane.
- Suicide or attempted suicide, while sane or insane.

- Travel or flight in any kind of aircraft, including any aircraft owned by or for the *employer* except as a fare-paying passenger on a common carrier.
- Participation in any kind of sporting activity for compensation or profit, including coaching or officiating.
- Riding in or driving any motor-driven vehicle in a race, stunt show or speed test.
- Participation in hang gliding, bungee jumping, sailgliding, parasailing, parakiting ballooning, parachuting, or skydiving.
- Job related or on the job injuries.
- An accident that occurred before the *covered person* is covered by this *plan*.
- Injuries to a dependent child received during birth.

CGP-3-AC-EXC-12 B476.0013

### PORTABILITY PRIVILEGE

**Note** This section does not apply to residents of Kansas, Maine, or South Dakota.

**Definition** As used in this provision, the terms "port" and "to port" mean to choose a portable certificate of coverage which provides accident coverage.

## Conditions

**Portability** Portability is subject to all of the conditions described below.

- You may port your coverage or coverage for any of your dependents if coverage under this plan ends because you: (1) have terminated employment; (2) stop being a member of an eligible class of employees; or (3) this plan ends.
- You may not Port your coverage or coverage for any of your dependents if: (1) coverage under this plan ends due to your failure to pay any required Premium; or (2) you have reached age 70 on or before your coverage under this *plan* ends.

### **Portability Options**

You may port: (1) your coverage only; (2) your coverage and the coverage of your covered spouse; (3) your coverage and the coverage of all of your covered dependents; or (4) if you are a single parent, your coverage and the coverage of all of your covered dependent children. No other combinations will be allowed.

A dependent must be covered as of the date your coverage under this plan ends in order to be eligible to port.

If you die while covered for dependent accident coverage, your spouse may port the dependent accident coverage as described above. Your spouse and dependent children must be covered under this plan on the date of your death. But this option is not available if (1) there is no surviving spouse; or (2) the surviving spouse has reached age 70 on the date you die.

The Portable The portable certificate of coverage provides group accident coverage. The Certificate of benefits provided by the portable certificate of coverage are the same as the **Coverage** benefits provided by this *plan*.

> The premium for the portable certificate of coverage will be based on: (1) your rate class under this plan; and (2) your or your surviving spouse's age bracket as shown in the Accident Portability Coverage Premium Notice.

**How to Port** You or your surviving spouse must: (1) apply to us in writing; and (2) pay the required premium. You or your surviving spouse must do this within 31 days from the date your coverage under this plan ends.

> We will not ask for proof that you or your surviving spouse are in good health.

CGP-3-AC-PORT-12

B476.0020

### **DEFINITIONS**

Accident This term means an event or occurrence that was not reasonably foreseeable, or that could not have been reasonably expected or anticipated. The term accident does not include a sickness.

Accidental Death This term means death caused by an accident independent of sickness, bodily infirmity, or any other cause and which is not excluded under the Limitations and Exclusions section.

Alternate Care This term means a facility that is licensed according to state and/or local Facility laws to provide skilled care, intermediate care, intermingled care, custodial care, or rehabilitative care as an alternative to care at a hospital.

Child Care Center This term means a program of child care which: (1) is provided in a facility that is licensed as a day care center or is operated by a licensed day care provider; and (2) charges a fee for the care of children. The term does not include child care provided by a: (a) parent; (b) stepparent; (c) grandparent; (d) sibling; (e) aunt; or (f) uncle.

**Covered Accident** This term means an *accident* that:

- Occurs while *your* coverage or *your* dependent's coverage under this policy is in effect.
- Results in a bodily injury and
- Is not otherwise excluded under the terms of this policy.

Common Carrier This term means any land, air or water conveyance operated under a license to transport passengers for hire.

**Covered Person** This term means an *employee* or dependent insured by this *plan*.

**Coma** This term means a state of complete mental unresponsiveness, due to *injury*, with no evidence of appropriate responses to stimulation, as diagnosed by a doctor.

### Companion

This term means a spouse, domestic partner, civil union partner, sibling, child, parent, grandparent, or any primary care giver.

**Dentist** This term means a licensed doctor of dentistry, operating within the scope of his or her license, in the state in which he or she is licensed.

Dislocation This term means a completely separated joint due to an injury. A partial dislocation means the joint is misaligned but not completely dislocated, as diagnosed by a doctor.

### Doctor

This term means any medical practitioner We are required by law to recognize. He or she must: (1) be properly licensed or certified by the laws of the state where he or she practices; and (2) provide services that are within the lawful scope of his or her practice.

Emergency Room This term means a department of the hospital that is designated for emergency care of accidental injuries. This area must be staffed and equipped to handle trauma, be supervised and provide treatment by doctors, and provide care seven days per week, 24 hours per day.

Epidural Anesthesia This term means a form of regional anesthesia involving injection of drugs through a catheter placed into the epidural space. The epidural must be administered due to a covered accident, and does not include treatment for childbirth or diseases.

Fracture This term means a broken bone that can be determined by a diagnostic exam. A chip fracture is a fracture in which a piece of the bone is broken off near a joint at a place where a ligament is usually attached.

**Hospital** This term means a short-term, acute care general facility, which:

- is primarily engaged in providing, by or under the continuous supervision of doctors, to inpatients, diagnostic services and therapeutic services for diagnosis, treatment and care of sick or injured persons;
- (2) has organized departments of medicine and major surgery;
- (3) has a requirement that every patient must be under the care of a doctor or dentist:
- (4) provides 24 hour nursing service by or under the supervision of a registered professional nurse(R.N.);
- (5) is duly licensed by the agency responsible for licensing such hospitals; and
- (6) is not, other than incidentally: (a) a place of rest; (b) a place primarily for the treatment of tuberculosis; (c) a place for the aged; (d) a place for drug addicts or alcoholics; or (e) a place for convalescent, custodial, educational or rehabilitative care.

## **Care Unit**

**Hospital Intensive** This term means a designated area of a *hospital* that

- provides the highest quality of medical care and is restricted to patients who are critically ill or injured and who require intensive comprehensive observation and care;
- (2) is separate and apart from the surgical recovery room and from rooms, beds, wards, and units customarily used for patient confinement
- (3) is permanently equipped with special lifesaving equipment for the care of the critically ill or injured;
- (4) is under continuous observation by a specially trained nursing staff assigned exclusively to the intensive care unit on a 24 hour basis and is assigned a doctor on a full-time basis.

Hospital This term means admission to a hospital as an inpatient for at least 24 **Confinement** consecutive hours by a *doctor* for an *injury*.

**Injury** This term means unintentional physical damage or harm caused directly by an accident and not due to sickness, disease or any other causes. The injury must occur while you or your covered dependent are insured under this plan.

**Inpatient** This term means a patient who is admitted to a *hospital* for an *injury*.

## Therapy

Occupational This term means the treatment of a physically disabled person by means of constructive activities designed and adapted to promote the restoration of the covered person's ability to satisfactorily accomplish the ordinary tasks of daily living and those tasks required by the covered person's particular occupational role. Occupational therapy does not include diversional, recreational, vocational therapies(i.e. hobbies, arts and crafts).

### Occupational Therapist

This term means a person, other than you or a family member, who: 1) possesses the designation "Occupational Therapists Registerd(OTR)", 2) is licensed by the state to practice occupational therapy, 3) performs services which are allowed by his licenses; and 4) performs services for which benefits are provided by this plan.

Organized Sport This term means a sport activity that is governed by an organization and requires formal registration to participate. Proof of registration will be required at claim time.

Outpatient This term means medical services that a covered person receives when not **Treatment** confined as an *inpatient* in a *hospital*.

Physical Therapy This term means treatment by physical means, hydrotherapy, heat, or similar modalities, physical agents, bio-mechanical and neuro-physiological principles and devices. Such therapy is given to relieve pain, restore function, and to prevent disability following injury or loss of a body part.

### Physical Therapist

This term means a person, other than you or a family member, who: 1) is licensed by the state to practice physical therapy; 2) performs services which are allowed by his or her license; 3) performs services for which benefits are provided by this Policy and 4) practices according to the code of ethics of the American Physical Therapy Association.

Rehabilitative Unit This term means an appropriately licensed facility or separate section of a hospital that provides rehabilitation care services on an inpatient basis and is designated, staffed and equipped to provide restorative services under the supervision of a trained and experienced rehabilitation doctor. A rehabilitation unit is not: a nursing home; an extended care facility; a skilled nursing facility; a rest home or home for the aged; a hospice care facility; a place for alcoholics or drug addicts; or an assisted living facility.

### Sickness

This term means a disease, illness or other condition not related to injury including diseases or infections except when the due to an accidental cut or wound.

Urgent Care Facility This term means a health care facility that is organizationally separate from a

*hospital* and whose primary purpose is the offering and provision of immediate, short term medical care, without appointment, for urgent care.

We, Us and Our These terms mean The Guardian Life Insurance Company of America.

You or Your These terms mean the insured employee.

CGP-3-AC-DEF-12 B476.0026

### **All Options**

### **GLOSSARY**

This Glossary defines the italicized terms appearing in your booklet.

CGP-3-GLOSS-90 B900.0118

**All Options** 

Eligibility Date for dependent coverage is the earliest date on which: (a) you have initial

dependents; and (b) are eligible for dependent coverage.

CGP-3-GLOSS-90 B900.0003

**All Options** 

Eligible Dependent is defined in the provision entitled "Dependent Coverage."

CGP-3-GLOSS-90 B750.0015

**All Options** 

Employee means a person who works for the employer at the employer's place of

business, and whose income is reported for tax purposes using a W-2 form.

CGP-3-GLOSS-90 B750.0006

**All Options** 

Employer means NEW ENGLAND UTILITY CONSTRUCTORS INC. .

CGP-3-GLOSS-90 B900.0051

**All Options** 

Enrollment Period with respect to dependent coverage, means the 31 day period which starts

on the date that you first become eligible for dependent coverage.

CGP-3-GLOSS-90 B900.0004

**All Options** 

Full-time means the employee regularly works at least the number of hours in the

normal work week set by the employer (but not less than 22 hours per

week), at his *employer*'s place of business.

CGP-3-GLOSS.1 B750.0230

**All Options** 

Initial Dependents means those eligible dependents you have at the time you first become

eligible for *employee* coverage. If at this time you do not have any *eligible* dependents, but you later acquire them, the first *eligible* dependents you

acquire are your initial dependents.

CGP-3-GLOSS-90 B900.0006

Newly Acquired means an eligible dependent you acquire after you already have coverage in **Dependent** force for initial dependents.

> CGP-3-GLOSS-90 B900.0008

# **All Options**

Plan means the Guardian group plan purchased by your employer, except in the provision entitled "Coordination of Benefits" where "plan" has a special meaning. See that provision for details.

CGP-3-GLOSS-90 B900.0039

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The following notice applies if your plan is governed by the Employee Retirement Income Security Act of 1974 and its amendments. This notice is not part of the Guardian plan of insurance or any employer funded benefits, not insured by Guardian.

# STATEMENT OF ERISA RIGHTS

As a participant, you are entitled to certain rights and protections under the Employee Retirement Income Security Act of 1974 (ERISA). ERISA provides that all plan participants shall be entitled to:

# Receive Information About Your Plan and Benefits

- (a) Examine, without charge, at the plan administrator's office and at other specified locations, such as worksites and union halls, all documents governing the plan, including insurance contracts and collective bargaining agreements, and a copy of the latest annual report (Form 5500 Series) filed by the plan with the U. S. Department of Labor and available at the Public Disclosure Room of the Employee Benefits Security Administration.
- (b) Obtain, upon written request to the plan administrator, copies of documents governing the operation of the plan, including insurance contracts, collective bargaining agreements and copies of the latest annual report (Form 5500 Series) and updated summary plan description. The administrator may make a reasonable charge for the copies.
- (c) Receive a summary of the plan's annual financial report. The plan administrator is required by law to furnish each participant with a copy of this summary annual report.

# Prudent Actions By Plan Fiduciaries

In addition to creating rights for plan participants, ERISA imposes duties upon the people who are responsible for the operation of the employee benefit plan. The people who operate the plan, called "fiduciaries" of the plan, have a duty to do so prudently and in the interest of plan participants and beneficiaries. No one, including your employer, your union, or any other person may fire you or otherwise discriminate against you in any way to prevent you from obtaining a welfare benefit or exercising your rights under ERISA.

# Your Rights

Enforcement Of If your claim for a welfare benefit is denied or ignored, in whole or in part, you have a right to know why this was done, to obtain copies of documents relating to the decision without charge, and to appeal any denial, all within certain time schedules.

> Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request a copy of plan documents or the latest annual report from the plan and do not receive them within 30 days, you may file suit in a state or Federal court. In such a case, the court may require the plan administrator to provide the materials and pay you up to \$110.00 a day until you receive the material, unless the materials were not sent because of reasons beyond the control of the administrator. If you have a claim for benefits which is denied or ignored, in whole or in part, you may file suit in a federal court. If it should happen that plan fiduciaries misuse the plan's money or if you are discriminated against for asserting your rights, you may seek assistance from the U.S. Department of Labor, or you may file suit in a Federal court. The court will decide who should pay court costs and legal fees. If you are successful, the court may order the person you sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees, for example, if it finds that your claim is frivolous.

# Assistance with Questions

If you have questions about the plan, you should contact the plan administrator. If you have questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the plan administrator, you should contact the nearest office of the Employee Benefits Security Administration, U.S. Department of Labor listed in your telephone directory or the Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue N.W., Washington D.C. 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration.

B800.0093

# **Group Health Benefits Claims Procedure**

If you seek benefits under the plan you should complete, execute and submit a claim form. Claim forms and instructions for filing claims may be obtained from the Plan Administrator.

Guardian is the Claims Fiduciary with discretionary authority to determine eligibility for benefits and to construe the terms of the plan with respect to claims. Guardian has the right to secure independent professional healthcare advice and to require such other evidence as needed to decide your claim.

In addition to the basic claim procedure explained in your certificate, Guardian will also observe the procedures listed below. These procedures are the minimum requirements for benefit claims procedures of employee benefit plans covered by Title 1 of the Employee Retirement Income Security Act of 1974 ("ERISA").

### Definitions

"Adverse Benefit Determination" means any denial, reduction or termination of a benefit or failure to provide or make payment (in whole or in part) for a benefit.

"Group Health Benefits" means any accident, cancer, critical illness, or specified disease coverages which are a part of this plan.

# Determination

**Timing For Initial** The benefit determination period begins when a claim is received. Guardian Benefit will make a benefit determination and notify a claimant within a reasonable period of time, but not later than the maximum time period shown below. A written or electronic notification of any adverse benefit determination must be provided.

> Claims. Guardian will provide a benefit determination not later than 30 days after receipt of a claim. If a claimant fails to provide all information needed to make a benefit determination, Guardian will notify the claimant of the specific information that is needed as soon as possible but no later than 30 days after receipt of the claim.

> The time period for completing a benefit determination may be extended by up to 15 days if Guardian determines that an extension is necessary due to matters beyond the control of the plan, and so notifies the claimant before the end of the initial 30-day period.

> If Guardian extends the time period for making a benefit determination due to a claimant's failure to submit information necessary to decide the claim, the claimant will be given at least 45 days to provide the requested information. The extension period will begin on the date on which the claimant responds to the request for additional information.

# Adverse Benefit Determination

If a claim is denied, Guardian will provide a notice that will set forth:

- the specific reason(s) for the adverse determination;
- reference to the specific plan provision(s) on which the determination is based:

- a description of any additional material or information necessary to make the claim valid and an explanation of why such material or information is needed:
- a description of the plan's claim review procedures and the time limits applicable to such procedures, including a statement indicating that the claimant has the right to bring a civil action under ERISA Section 502(a) following an adverse benefit determination;
- identification and description of any specific internal rule, guideline or protocol that was relied upon in making an adverse benefit determination, or a statement that a copy of such information will be provided to the claimant free of charge upon request.

# **Determinations**

Appeal of Adverse If a claim is wholly or partially denied, the claimant will have up to 180 days Benefit to make an appeal.

> Guardian will conduct a full and fair review of an appeal which includes providing to claimants the following:

- the opportunity to submit written comments, documents, records and other information relating to the claim;
- the opportunity, upon request and free of charge, for reasonable access to, and copies of, all documents, records and other information relating to the claim; and
- a review that takes into account all comments, documents, records and other information submitted by the claimant relating to the claim, without regard to whether such information was submitted or considered in the initial benefit determination.

In reviewing an appeal, Guardian will:

- provide for a review conducted by a named fiduciary who is neither the person who made the initial adverse determination nor that person's subordinate:
- in deciding an appeal based upon a medical judgment, consult with a health care professional who has appropriate training and experience in the field of medicine involved in the medical judgment;
- identify medical or vocational experts whose advice was obtained in connection with an adverse benefit determination; and
- ensure that a health care professional engaged for consultation regarding an appeal based upon a medical judgment shall be neither the person who was consulted in connection with the adverse benefit determination, nor that person's subordinate.

Guardian will notify the claimant of its decision regarding review of an appeal as follows:

# **Group Health Benefits Claims Procedure (Cont.)**

Claims. Guardian will notify the claimant of its decision not later than 60 days after receipt of the request for review of the adverse benefit determination.

# Options

Alternative Dispute The claimant and the plan may have other voluntary alternative dispute resolution options, such as mediation. One way to find out what may be available is to contact the local U.S Department of Labor Office and the State insurance regulatory agency.

B752.0052

# **All Options**

# Termination of This Group Plan

Your employer may terminate this group plan at any time by giving us 31 days advance written notice. This plan will also end if your employer fails to pay a premium due by the end of this grace period.

We may have the option to terminate this plan if the number of people insured falls below a certain level.

When this plan ends, you may be eligible to continue your insurance coverage. Your rights upon termination of the plan are explained in this booklet.

B800.0086

This Booklet Includes	All Benefits	For Which	You Are	Eligible.
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You are covered for any benefits provided to you by the policyholder at no cost.

But if you are required to pay all or part of the cost of insurance you will only be covered for those benefits you elected in a manner and mode acceptable to Guardian such as an enrollment form and for which premium has been received by Guardian.

"Please Read This Document Carefully".

# CERTIFICATE OF COVERAGE

The Guardian

10 Hudson Yards New York, New York 10001

The group Specified Disease Insurance (hereinafter referred to as Critical Illness coverage) described in this Certificate is attached to the group Policy effective May 1, 2018. This Certificate replaces any Certificate previously issued under this Plan or under any other plan providing similar or identical benefits issued to the planholder by Guardian.

Important Notice: This is a limited plan of Critical Illness insurance. It is a supplement to health insurance. It is not a substitute for hospital or medical expense insurance, a health maintenance organization (HMO) contract, or major medical expense insurance. You must have a health benefit plan in order to purchase this insurance. Please read this Plan carefully to fully understand what it covers, limits, and excludes.

### **GROUP CRITICAL ILLNESS COVERAGE**

Guardian certifies that the Employee to whom this Certificate is issued is entitled to the benefits described herein. However, the Employee must: (a) satisfy all of this Plan's eligibility and effective date requirements; (b) be listed in Our and/or the Policyholder's records as a validly covered Employee under this Plan; and (c) all required premium payments must have been made by or on behalf of the Employee.

The Employee and/or his or her Dependents are not covered by any part of this Plan for which he or she has waived coverage. Such a waiver of coverage is shown in Our and/or the Policyholder's records.

Policyholder: NEW ENGLAND UTILITY CONSTRUCTORS INC.

Group Policy Number: 00417921

Vice President, Risk Mgt. & Chief Actuary

Stuart J Shaw

B023.0005

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# **DEFINITIONS**

This section defines certain terms appearing in Your Certificate.

B040.0004

# **All Options**

Active Work or These terms mean Your performance of all the duties that pertain to Your Actively At Work: work at the place: (1) where it is normally done; or (2) where it is required to

be done by Your Employer.

B040.0882

# **All Options**

Board Certified: This term means a Doctor who has been certified in the appropriate medical

specialty by a member board of the American Board of Medical Specialties.

B005.0010

# **All Options**

Child:

**Covered Dependent** This term means Your eligible dependent child covered under this Plan.

B005.0011

# **All Options**

Covered Person: This term means You, if You are covered under this Plan and Your covered

dependents.

B005.0012

# **All Options**

Critical Illness: This term means any of the conditions shown in the Covered Critical

Illnesses section of this Plan.

B005.0013

### **All Options**

Diagnosis: This term means the establishment of a Critical Illness by a Doctor through

the use of clinical and/or lab findings, as described in the Covered Critical

Illnesses section of this Plan.

B005.0042

Doctor: This term means any medical practitioner We are required by law to recognize. He or she must: (1) be properly licensed or certified by the laws of the state where he or she practices; and (2) provide services that are within the lawful scope of his or her practice.

B005.0014

### **All Options**

Eligibility Date: For Employee coverage, this term means the earliest date You are eligible for coverage under this Plan. For dependent coverage, this term means the earliest date on which: (1) You have Initial Dependents; and (2) are eligible for dependent coverage.

B005.0016

# **All Options**

**Employee:** This term means a person who works for the Employer and whose income is reported for tax purposes using a W-2 form.

B005.0018

# **All Options**

**Employer:** This term means NEW ENGLAND UTILITY CONSTRUCTORS INC. .

B005.0019

### **All Options**

Enrollment Period: This term means the 31 day period which starts on the date You first become eligible for dependent coverage.

B005.0020

# **All Options**

Full-Time: This term means You regularly work at least the number of hours in the normal work week set by the Employer (but not less than 22 hours per week), at: (1) Your Employer's place of business; (2) some place where the Employer's business requires You to travel; or (3) any other place You and Your Employer have agreed upon for the performance of occupational duties.

B005.0022

# **All Options**

Initial Dependents:

This term means eligible dependents You have at the time You first become eligible for Employee coverage. If at this time You do not have any eligible dependents, but You later acquire them, the first eligible dependents You acquire are Your initial dependents.

B005.0023

Injury: This term means: (1) all damage to a Covered Person's body due to an accident; and (2) all complications arising from that damage.

B005.0024

# **All Options**

# Medically **Necessary**

This term means health services and supplies that are all of the following:

- medically appropriate;
- (2) needed to Diagnose or treat a Sickness or Injury;
- consistent in type, frequency, and length of treatment with scientifically based guidelines of national medical research or health care coverage organizations or government agencies;
- (4) needed for reasons other than comfort or convenience of the Covered Person or Doctor;
- (5) of proven medical value; and
- (6) done with the appropriate level of service or supply needed to provide safe and adequate care.

B005.0025

### **All Options**

Newly Acquired This term means an eligible dependent You acquire after You already have **Dependent:** coverage in force for Initial Dependents.

B005.0026

# **All Options**

Plan: This term means the group Critical Illness coverage plan described in the Policy and this Certificate.

B005.0028

### **All Options**

Proof of Insurability: This term means the completion of an evidence of insurability form, acceptable to Us, showing that a person is insurable.

B005.0029

# **All Options**

**Sickness:** This term means any illness or disease suffered by a Covered Person.

B005.0030

Spouse: This term means Your lawful spouse, which shall include the marriage

between opposite or same-sex partners legally performed in other

jurisdictions.

B010.0624

# **All Options**

We, Us, Our and These terms mean The Guardian Life Insurance Company of America.

**Guardian:** 

Your or Your: These terms mean the insured Employee.

B005.0032

# **GENERAL PROVISIONS**

B005.0033

### **All Options**

# **Applicable Benefits**

This Certificate may include multiple benefit options and types of benefits. In the event that the Certificate includes such multiple benefit options and types of benefits, each Covered Person will only be covered for those applicable benefits that (1) were previously selected in a manner and mode acceptable to Guardian such as an enrollment form and (2) for which applicable premium has been received by Guardian.

B005.0034

### **All Options**

# **Limitation of Authority**

No person, except by a writing signed by the President, a Vice President or a Secretary of Guardian, has the authority to act for Us to: (1) determine whether any contract, Policy or certificate is to be issued; (2) waive or alter any provisions of any contract or Policy, or any of Our requirements; (3) bind Us by any statement or promise relating to any contract, Policy or certificate issued or to be issued; or (4) accept any information or representation which is not in a signed application.

B005.0035

### **All Options**

# Incontestability

The Policy is incontestable after two years from its date of issue, except for non-payment of premiums.

No statement in any application, except a fraudulent statement, made by a Covered Person will be used to contest the validity of his or her insurance or to deny a claim for a loss incurred after such insurance has been in force for two years during his or her lifetime.

If the Policy replaces a plan your Employer had with another insurer, we may rescind the Plan based on misrepresentations made by the Employer or an Employee in a signed application for up to two years from the effective date of the Plan.

In the event Your insurance is rescinded due to a fraudulent statement made in Your application We will refund premiums paid for the periods such insurance is void. The premium paid by You will be sent to Your last known address on file with Your Employer or Us.

B005.0036

### **All Options**

# **Examination and Autopsy**

We have the right to have a doctor of our choice examine the person for whom a claim is being made under the Plan as often as We feel necessary. We also have the right to have an autopsy performed in the case of death where allowed by law. We will pay for all such examinations and autopsies.

B005.0038

# **All Options**

# **Critical Illness Claims Provisions**

Your right to make a claim for Critical Illness benefits provided by the Policy is governed as shown below.

### **Notice**

You must send Us written notice of an Injury or sickness for which a claim is being made within 20 days of the date the Injury occurs or the sickness starts. This notice should include Your name and the Policy number. If the claim is being made for any other Covered Person, his or her name should also be shown.

### Claim Forms

We will furnish You with forms for filing proof of loss within 15 days of receipt of notice. If We do not furnish the forms on time, We will accept a written description and adequate proof of the Injury or sickness that is the basis of the claim as proof of loss. You must detail the nature and extent of the loss for which the claim is being made.

### **Proof Of Loss**

You must send written proof to Our designated office within 90 days of the loss.

### Late Notice Of Proof

We will not void or reduce Your claim if You cannot send Us notice and proof of loss within the required time. In that case, You must send Us notice and proof as soon as reasonably possible.

# **Payment Of Benefits**

We will pay Critical Illness benefits as soon as we receive written proof of loss.

Unless otherwise required by law or regulation, We pay all Critical Illness benefits to You if you are living. If You are not living, We have the right to pay all Critical Illness benefits to one of the following: (1) Your estate; (2) Your spouse; (3) Your parents; (4) Your children; or (5) Your brothers and sisters.

# **Legal Actions**

No legal action against this Plan shall be brought until 60 days from the date proof of loss has been given as shown above. No legal action shall be brought against this Plan after three years from the date written proof of loss is required to be given.

### Workers' Compensation

The Critical Illness benefits provided by this Plan are not in place of and do not affect requirements for coverage by Workers' Compensation.

B005.0039

# **ELIGIBILITY FOR CRITICAL ILLNESS - EMPLOYEE COVERAGE**

# Eligible Employees

Subject to the conditions of eligibility set forth below, and to all of the other conditions of the Plan, You are eligible if You are in an eligible class of Employees and are an active Full-Time Employee.

If You are a partner or proprietor, We will treat You like an Employee if You meet the Plan's conditions of eligibility.

# Conditions of Eligibility

You are eligible for Critical Illness coverage if You are;

- Legally working in the United States, or working outside of the United States for a United States based employer in a country or region approved by Us; and
- Regularly working at least the number of hours in the normal work week set by the Employer (but not less than 22 hours per week) at: (1) the Employer's place of business; (2) some place where the Employer's business requires You to travel; or (3) any other place You and the Employer have agreed upon for the performance of occupational duties.

You are not eligible for Critical Illness coverage if You are a temporary or seasonal Employee.

**Enrollment** If You must pay all or part of the cost of Your coverage, We will not cover Requirement: You until You enroll and agree to make the required payments.

Proof of Insurability: If You: (1) do not meet this Plan's enrollment requirement within 31 days after You first become eligible; or (2) enroll after You previously had coverage which ended because You failed to make a required payment, We will ask for Proof of Insurability. And, You will not be covered until We approve that Proof of Insurability in writing.

> Part or all of Your insurance amounts may be subject to Proof of Insurability. The Schedule of Benefits explains if and when We require Proof of Insurability. You will not be covered for any amount that requires such Proof of Insurability until You give the Proof of Insurability to Us and We approve that Proof of Insurability in writing.

> If Your active Full-Time service ends before You meet any Proof of Insurability requirements that apply You will still have to meet those requirements if You are later re-employed by the Employer or an associated company.

> > B005.0043

The Waiting Period If You are in an eligible class, You are eligible for Critical Illness coverage under this Plan after You complete the service waiting period, if any, established by the Employer.

R005 0045

# **All Options**

# **Employment**

**Multiple** If You work for both the Employer and a covered associated company, or for more than one covered associated company, We will treat You as if only one firm employs You. You will not have multiple Critical Illness coverages under this plan. But, if this Plan uses the amount of Your earnings to set the rates, determine class, figure coverage amounts, or for any other reason, such earnings will be figured as the sum of Your earnings from all covered Employers.

B005.0046

# **All Options**

# When Employee Coverage Starts

Your eligibility date is the date You have met all of the conditions of eligibility.

Whether You must pay all or part of the cost of Your coverage, You must elect to enroll and agree to make the required payments before Your coverage will start. If You do this on or before Your Eligibility Date, Your coverage is scheduled to start on Your Eligibility Date. If You do this within 31 days after Your Eligibility Date, Your coverage is scheduled to start on Your Eligibility Date. If You elect to enroll and agree to make the required payments more than 31 days after Your Eligibility Date, Your coverage will not be scheduled to start until You send Us Proof of Insurability. Once We have approved such Proof of Insurability, Your coverage is scheduled to start on the effective date shown in the endorsement section of Your evidence of insurability form.

Any part of Your coverage which is subject to Proof of Insurability will not start unless You send such Proof of Insurability to Us, and We approve it in writing. Once We have approved it, that part of Your coverage is scheduled to start on the effective date shown in the endorsement section of Your evidence of insurability form. If Your active service ends before You meet any Proof of Insurability requirements that apply You will still have to meet those requirements if You are later re-employed by the Employer or an associated company.

On the date all or part of Your coverage is scheduled to start, You must be: (1) Actively At Work; (2) fully capable of performing the major duties of Your regular occupation; and (3) working Your regular number of hours. In that case, Your coverage will start at 12:01 A.M. Standard Time for Your place of residence on that date. In any other case, We will postpone the start of Your coverage until the date You: (a) return to Active Work; (b) are working Your regular number of hours; and (c) are fully capable of performing the major duties of Your regular occupation. Sometimes, a scheduled effective date is not a regularly scheduled work day. If the scheduled effective date falls: on a holiday; on a vacation day; on a non-scheduled work day; during a layoff of less than 180 days in duration; during an approved leave of absence not due to sickness or injury, of 90 days or less; or on a day during a period of absence that is less than 7 days in duration; and if: (a) You were fully capable of performing the major duties of Your regular occupation for the Employer on a full-time basis at 12:01 AM Standard Time for Your place of residence on the scheduled effective date; and (b) You were performing the major duties of Your regular occupation and working Your regular number of hours on Your last regularly scheduled work day; Your coverage will start on the scheduled effective date.

Delayed Effective Date For Voluntary Critical Illness Coverage: If You are not Actively At Work on the date Your Voluntary Critical Illness coverage is scheduled to start due to Sickness or Injury, We will postpone coverage for an otherwise covered loss due to that Sickness or Injury. We will postpone such coverage until You complete ten days in a row without missing a work day due to that Sickness or Injury in which You are: (1) Actively At Work; (2) fully capable of performing the major duties of Your regular occupation; and (3) working Your regular number of hours. Coverage for an otherwise covered loss due to all other conditions will start on the date You are: (a) Actively At Work; (b) fully capable of performing the major duties of Your regular occupation; and (c) working Your regular number of hours.

**Exception to When Employee Coverage Starts:** If You are not capable of performing the major duties of Your regular occupation for Your Employer on a full-time basis on the date Your coverage is scheduled to start, You will be insured for Critical Illness insurance if:

- 1. You were insured under the prior insurer's group critical illness policy at the time of the transfer:
- 2. You are a member of an eligible class; and
- 3. premiums for You were paid up to date; and
- 4. You are not receiving or eligible to receive benefits under the prior insurer's group critical illness policy.

Any Critical Illness benefit payable will be the lesser of:

- 1. the Critical Illness benefit payable under the Group Policy; or
- 2. the critical illness benefit payable under the prior insurer's group critical illness policy had it remained in force.

The Critical Illness benefit payable will be reduced by any amount paid by the prior insurer's group critical illness policy.

All other provisions under this Policy will apply under the Exception to When Employee Coverage Starts.

You will remain insured under this provision until the first to occur of:

- the date You are fully capable of performing the major duties of Your regular occupation for Your Employer on a full-time basis;
- 2. the date insurance terminates for one of the reasons stated in When Employee Coverage Ends;
- 3. the last day of a period of 12 consecutive months which begins on the Policy effective date; or
- 4. the last day You would have been covered under the prior insurer's group critical illness policy, had the prior plan not terminated.

B005.0078

# **All Options**

# When Employee Coverage Ends

Your coverage will end on the first of the following dates:

- The date in which Your active service ends for any reason. Your active service ends when You are no longer: (1) Actively At Work; and (2) working Your regular number of hours.
- The date You stop being an eligible Employee under this Plan.
- The date You are no longer working in the United States or working outside of the United States for a United States based Employer in a country or region approved by Us.
- The date the group Plan ends, or is discontinued for a class of Employees to which You belong.
- The last day of the period for which required payments are made for You.

B005.0050

Leave of Absence

Your Right to Important Notice: This section may not apply to Your Employer's Plan. You Continue Critical must contact Your Employer to find out if he or she must allow for a family Illness Coverage leave of absence under federal law. If he or she must allow for such leave, **During a Family** this section applies.

> If Your Coverage Would End: Your Critical Illness coverage would normally end because You cease work due to an approved leave of absence. But, You may continue Your coverage if the leave has been granted: (1) to allow You to care for a seriously injured or ill spouse, child or parent; (2) after the birth or adoption of a child; (3) due to Your own serious health condition; or (4) because of a serious Injury or illness arising out of the fact that Your spouse, child, parent or next of kin who is a covered service member is on active duty, or has been notified of an impending call or order to active duty, in the Armed Forces in support of a contingency operation. To continue Your coverage, You will be required to pay the same share of the premium as You paid before the leave of absence.

> When Continuation Ends: Continued coverage will end on the earliest of the following:

- The date You return to Active Work.
- In the case of a leave granted to You to care for a covered service member, the end of a total leave period of 26 weeks in one 12 month period. This 26 weeks total leave period applies to all leaves granted to You under this section for all reasons. If You take an additional leave of absence in a subsequent 12 month period, continued coverage will cease at the end of a total leave period of 12 weeks.
- In any other case, the end of a total leave period of 12 weeks in any 12 month period.
- The date on which Your Employer's Plan is terminated or You are no longer eligible for coverage under this Plan.
- The end of the period for which premium has been paid.

Definitions: As used in this section, the terms listed below have the meanings shown below:

- Active Duty: This term means duty under a call or order to active duty in the Armed Forces of the United States.
- **Contingency Operation:** This term means a military operation that: (1) is designated by the Secretary of Defense as an operation in which members of the Armed Forces are or may become involved in military actions, operations or hostilities against an enemy of the United States or against an opposing military force; or (2) results in the call or order to, or retention on, active duty of members of the uniformed services under any provision of law or during a national emergency declared by the President or Congress.

- Covered Service Member: This term means a member of the Armed Forces, including a member of the National Guard or Reserves, who for a Serious Injury or Illness is: (1) undergoing medical treatment, recuperation or therapy; (2) otherwise in Outpatient Status; or (3) otherwise on the temporary disability retired list.
- Next Of Kin: This term means Your nearest blood relative.
- Outpatient Status: This term means, in the case of a covered service member, that he or she is assigned to: (1) a military medical treatment facility as an outpatient; or (2) a unit established for the purpose of providing command and control of members of the Armed Forces receiving medical care as outpatients.
- Serious Injury Or Illness: This term means, in the case of a Covered Service Member, an Injury or illness incurred by him or her in line of duty on active duty in the Armed Forces that may render him or her medically unfit to perform the duties of his or her: (1) office; (2) grade; (3) rank; or (4) rating.

B005.0062

# ELIGIBILITY FOR CRITICAL ILLNESS COVERAGE - DEPENDENT COVERAGE

B005.0063

### **All Options**

# **Eligible Dependents for Dependent Critical Illness Coverage**

B005.0064

# **All Options**

# Eligible Dependents for Voluntary Dependent Critical Illness

**Dependents** Your eligible dependents are Your spouse and unmarried dependent children for **Voluntary** from birth until they reach age 26.

B005.0080

# **All Options**

# Adopted Children and Step-Children

Your "unmarried dependent children" include Your legally adopted children, and Your step-children. But, Your step-children must depend on You for most of their support and maintenance. We treat a child as legally adopted from the time the child is placed in Your home for the purpose of adoption. We treat such a child this way whether or not a final adoption order is ever issued.

B005.0065

# **All Options**

# **Dependents Not Eligible**

We exclude any dependent who is on active duty in any armed force. And, We exclude any dependent who is covered by this Plan as an Employee.

A child may be an eligible dependent of more than one Employee who is insured under this Plan. In that case, the child may be insured for dependent Critical Illness benefits by only one Employee at a time.

B005.0066

# **Handicapped Children**

You may have an unmarried child who is: (a) incapable of self-sustaining employment by reason of a mental or physical handicap or developmental disability; and (b) chiefly dependent upon You for support and maintenance. In that case such a child may remain eligible for dependent benefits past the age limit subject to the conditions shown below.

- His or her condition started before he or she reached the age limit.
- He or she became covered for dependent Critical Illness benefits before he or she reached the age limit, and remained continuously covered until he or she reached the age limit.
- He or she stays unmarried and remains: (i) incapable of self-sustaining employment; and (ii) dependent upon You for most of his or her support and maintenance.
- You send Us written proof, and We approve such proof, of the child's disability and dependence within 31 days from the date he or she reaches the age limit. After the two year period following the child's attainment of the age limit, We can ask for periodic proof that the child's condition continues, but We cannot ask for this proof more than once a year.

The child's coverage ends when Your coverage ends.

B005.0067

# **All Options**

# **Proof of Insurability**

We require Proof of Insurability that a dependent is insurable if You: (1) enroll a dependent who was previously declined or would have been considered a late enrollee under a group critical illness coverage plan providing dependent coverage which this Plan replaced; (2) enroll a dependent and agree to make the required payments after the end of the Enrollment Period.

A dependent is not covered by any part of this Plan that requires such Proof of Insurability until You give Us this Proof of Insurability and We approve it in writing.

If Your dependent coverage ends for any reason, including failure to make the required payments, Your dependent will not be covered by this Plan again until You give Us new Proof of Insurability that they are insurable and We approve that Proof of Insurability in writing.

B005.0069

# When Dependent Coverage Starts

In order for Your dependent coverage to start, You must already be covered for Employee coverage, or enroll for Employee and dependent coverage at the same time.

Subject to the Exception below and to all of the other terms of this Plan, the date Your dependent coverage starts depends on when You elect to enroll Your Initial Dependents and agree to make any required payments. If You do this on or before Your Eligibility Date, the dependent's coverage is scheduled to start on the later of Your eligibility date and the date you become covered for Employee coverage.

If You do this within the Enrollment Period, the coverage is scheduled to start on the date You become covered for Employee coverage.

If You do this after the Enrollment Period ends, Your dependent coverage is subject to Proof of Insurability and will not start until We approve that Proof of Insurability in writing.

Once You have dependent child coverage for Your Initial Dependent child(ren) any Newly Acquired Dependent children will be covered as of the date he or she is first eligible.

If Proof of Insurability is required for dependent benefits as explained above, those benefits will not be scheduled to start until You give Us Proof of Insurability that the dependent is insurable. Once We have approved that Proof of Insurability, those benefits will be scheduled to start on the effective date shown in the endorsement section of Your application.

B005.0070

### **All Options**

**Exception** We will postpone the effective date of a dependent's, other than a newborn child's, coverage if, on that date, he or she is: (1) confined to a hospital or other health care facility; (2) home confined; or (3) unable to perform two or more Activities of Daily Living. In that case, We will postpone the effective date of his or her coverage until the day after the date: (a) of his or her discharge from such facility; (b) his or her home confinement ends; or (c) he or she is no longer requires assistance with two or more Activities of Daily Living. If a dependent was covered under a prior plan at transfer, this language will not apply to the amount of coverage that was in force with the prior plan.

B005.0071

# When Dependent Coverage Ends

Dependent coverage ends for all of Your dependents when Your Employee coverage ends. Dependent coverage also ends for all of Your dependents when You stop being a member of a class of Employees eligible for such coverage. And, it ends when this Plan ends, or when dependent coverage is dropped from this Plan for all Employees or for Your class.

If You are required to pay all or part of the cost of dependent coverage, and You fail to do so, Your dependent coverage ends. It ends on the last day of the period for which You made the required payments, unless coverage ends earlier for other reasons.

Your dependent's coverage ends when he or she stops being an eligible dependent. This happens to a child at 12:01 A.M. on the date the child attains this Plan's age limit, when he or she marries, or when a step-child is no longer dependent on You for support and maintenance. It happens to a spouse: (1) when a marriage ends in legal divorce or annulment; and (2) at 12:01 A.M. on the date the spouse reaches the limiting age, if applicable.

B005.0075

# CRITICAL ILLNESS COVERAGE

This Certificate includes the Schedule of Benefits form. Your class and benefit options are shown in the Schedule of Benefits that applies to You.

Subject to all of this Plan's terms, We will pay the benefits described below if a Covered Person is Diagnosed with a listed Critical Illness on or after the date he or she becomes covered by this Plan.

This Plan pays no Critical Illness benefits for any condition other than those listed below in Covered Critical Illnesses.

B005.0083

# **All Options**

# **Critical Illness Benefits**

This Plan will pay a benefit based on the benefit amount for which a Covered Person is covered. The benefit will be subject to all of the terms of this Plan.

This Plan only pays benefits for the occurrence of the Critical Illnesses listed and defined in the Covered Critical Illnesses section below.

Each Critical Illness must occur while the Covered Person is covered by this Plan. This Plan deems each Critical Illness to occur on the date described for each Critical Illness in the Covered Critical Illnesses section below.

Where one Critical Illness is caused by or contributes to another Critical Illness, only one benefit is payable. We will pay the greater of the benefits payable. If the amount payable for each Critical Illness is the same, You may choose which benefit to receive.

This Plan may pay a different level of benefits for the First Occurrence and the Recurrence of a Critical Illness. For some Critical Illnesses We pay no benefits for a Recurrence. The benefit levels are shown in the Schedule of Benefits.

By First Occurrence We mean the first time a Covered Person is Diagnosed with a Critical Illness while insured by this Plan. By Recurrence, We mean the second time a Covered Person is diagnosed with the same Critical Illness while insured by this Plan. We pay no benefits for occurrences beyond the second time.

B005.0084

# **Covered Critical Illnesses**

B005.0086

### **All Options**

### **Cancer Related Conditions**

B005.0087

### **All Options**

Benign Brain Tumor We pay a benefit if a Covered Person is Diagnosed with a Benign Brain Tumor, which means a non-cancerous brain tumor confirmed by the examination of tissue (biopsy or surgical excision) or specific neuroradiological examination. The tumor must result in persistent neurological deficits, including but not limited to:

- loss of vision;
- loss of hearing; or
- balance disruption

We do not consider the following to be Benign Brain Tumors:

- tumors of the skull;
- pituitary adenomas; and
- germanomas.

We deem a Benign Brain Tumor to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

B005.0088

### **All Options**

Carcinoma in Situ We pay a benefit if a Covered Person is Diagnosed with Carcinoma In Situ, which means early forms of cancer that have not invaded surrounding tissue. Any malignant tumor classified as less than T1NOMO under TNM classification is considered Carcinoma in Situ. Carcinomas in Situ can include early forms of many common cancers such as breast and prostate cancer.

We do not pay a benefit under this provision for:

- Pre-malignant growths or lesions, such as dysplasia or Intraepithelial neoplasia;
- Any benign tumor or polyp;
- Carcinoma in Situ of the skin

Diagnosis of Carcinoma in Situ must be based on microscopic (histologic) exam of: (a) fixed tissues; or (b) preparations of blood or bone marrow. Such exam must be documented in a written report by a Doctor who is Board Certified in pathology. If, however, in the opinion of the attending Doctor, a pathological diagnosis is medically inappropriate, a clinical diagnosis of cancer will be accepted.

We deem Carcinoma in Situ to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

"TNM classification" means the classification standards for cancer developed by the American Joint Committee on Cancer.

B023.0006

# **All Options**

Invasive Cancer We pay a benefit if a Covered Person is Diagnosed with Invasive Cancer, which means a malignant tumor which is characterized by the uncontrolled growth and spread of malignant cells and the invasion of neighboring tissue.

Invasive Cancer also includes leukemia and lymphoma.

Invasive Cancer must be supported by pathological diagnosis.

We do not pay a benefit under this provision for:

- Pre-malignant growths or lesions, such as dysplasia or intraepithelial neoplasia;
- Any benign tumor or polyp;
- Any condition that is Carcinoma in Situ.
- Any skin cancer, including carcinoma in situ of the skin, unless there is metastasis.

Diagnosis of Invasive Cancer must be based on microscopic (histologic) exam of: (a) fixed tissues; or (b) preparations of blood or bone marrow. Such exam must be documented in a written report by a Doctor who is Board Certified in pathology. If, however, in the opinion of the attending Doctor, a pathological diagnosis is medically inappropriate, a clinical diagnosis of cancer will be accepted.

We deem Invasive Cancer to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

B023.0007

### **All Options**

**Skin Cancer** We pay a benefit if a Covered Person is Diagnosed with the types of Skin Cancer known as either basal cell carcinoma or squamous cell carcinoma. We don't pay a benefit under this provision for any other type of skin cancer. We deem Skin Cancer to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

We limit what We pay to one benefit in a Covered Person's lifetime.

B005.0091

### **Vascular Conditions**

B005.0123

### **All Options**

Arteriosclerosis We pay a benefit if a Covered Person is diagnosed with Arteriosclerosis, which means blockage of a coronary artery of sufficient severity to require one or more coronary artery bypass graft(s).

Diagnosis must include demonstrated need for intervention.

We deem Arteriosclerosis to occur on the date a Doctor of appropriate specialty makes a Diagnosis of Arteriosclerosis of sufficient severity to warrant one or more coronary artery bypass graft(s).

B005.0092

# **All Options**

Heart Attack We pay a benefit if a Covered Person is Diagnosed with a Heart Attack, which means death of heart muscle due to inadequate blood supply. Symptoms of cardiac ischemia must be present, as well as two or more of the following criteria for acute myocardial infarction:

- (1) typical clinical symptoms such as central chest pain;
- (2) diagnostic increase of specific cardiac markers;
- (3) new electrocardiographic changes indicative of new ischemia (new ST-T changes or new left bundle branch block (LBBB);
- (4) development of pathological Q waves in the ECG; or
- (5) imaging evidence of new loss of viable myocardium or new regional wall motion abnormality.

Sudden Cardiac Arrest is not a Heart Attack.

Proof of Heart Attack requires submission of medical records. We deem a heart attack to occur on the date a Doctor of appropriate specialty makes a Diagnosis. A Heart Attack that results in death or is Diagnosed after death will be covered under this provision.

We don't pay a benefit for a Heart Attack that occurs during a medical procedure, including, but not limited to, surgery.

B005.0093

Heart Failure We pay a benefit if a Covered Person is Diagnosed with Heart Failure. By Heart Failure We mean the irreversible failure of the heart, which requires a human to human heart, heart/lung or heart combined with any other organ transplant determined to be Medically Necessary by a Doctor of the appropriate specialty.

> We deem Heart Failure to occur on the date the Covered Person is accepted onto the transplant waiting list of a recognized transplant program in the United States. We pay the benefit whether or not the transplant is ever performed. If the Covered Person is too ill for a transplant, but otherwise meets the criteria for being on the waiting list of a recognized transplant program, the waiting list requirement will be waived. In this instance We deem Heart Failure to occur on the date a Doctor of appropriate specialty deems the Covered Person is too ill for a transplant, but otherwise meets the criteria for being on a waiting list of a recognized transplant program in the United States.

> > B005.0094

### All Options

Stroke We pay a benefit if a Covered Person is diagnosed with a Stroke, which means death of brain tissue due to an acute cerebrovascular event. All of the following criteria must be satisfied: (1) clinical evidence of infarction of brain tissue, or intracranial or subarachnoid hemorrhage; (2) clear evidence on a CT, MRI or similar imaging techniques that a stroke has occurred; and (3) permanent neurologic deficit measured 30 days or more after the event that results in functional impairment rated at a score of two or higher on the Modified Rankin Scale for stroke outcome. The term does not mean symptoms due to: (a) transient ischemic attack; (b) migraine; (c) hypoxia; (d) traumatic injury to brain tissue or blood vessels; and (e) vascular disease affecting the eye, optic nerve or vestibular functions.

Diagnosis of Stroke must be:

- (1) confirmed in writing by a Doctor of the appropriate specialty; and
- based on medical records. These records must show objective evidence of significant neurological impairment.

Such impairment must be documented by meeting all of the following criteria:

- clinical evidence of infarction of brain tissue, or intracranial or subarachnoid hemorrhage;
- clear evidence on a CT, MRI or similar imaging techniques that a stroke has occurred; and
- permanent neurologic deficit measured 30 days or more after the event that results in a score of two or higher on the Modified Rankin Scale for stroke outcome.

We deem the Stroke to occur on the date of the event. In the event of death, an autopsy confirmation and/or death certificate identifying Stroke as the cause of death will be accepted.

B005.0095

# **Neurological Conditions**

B005.0096

### **All Options**

Alzheimer's Disease We pay a benefit if a Covered Person is Diagnosed with Alzheimer's Disease, which means a progressive degenerative disease of the brain that is Diagnosed by a Board Certified psychiatrist or Board Certified neurologist as Alzheimer's Disease. The Diagnosis must be supported by medical evidence that the Covered Person exhibits the loss of intellectual capacity resulting in impairment of memory and judgment as documented and demonstrated by cognitive testing and supported by neuroradiological tests (e.g., CT Scan, MRI, PET of the brain). This impairment must result in a significant reduction in mental and social functioning, resulting in the Covered Person's inability to permanently perform two or more of the Activities of Daily Living without the continuing assistance of another person. No other dementing organic brain disorders or psychiatric illnesses are included in this definition.

Activities of Daily Living include:

- Bathing: wash in a tub or shower; or take a sponge bath; and towel dry.
- Dressing: put on and take off all clothes; and those medically necessary braces or prosthetic limbs usually worn; and fasten or unfasten them.
- Toileting: get to and from and on and off the toilet; to maintain personal hygiene; and care for clothes.
- Transferring: move in and out of a chair or bed.
- Continence: control bowel and bladder function; or, in the event of incontinence, maintain personal hygiene.
- Eating: get food into the body by any means once it has been prepared and made available.

Diagnosis must be based on clinical and/or diagnostic findings as supported by the Covered Person's medical records. We deem Alzheimer's Disease to occur on the date a Doctor of appropriate specialty makes a Diagnosis. The Diagnosis must occur while the Covered Person is insured under this Plan.

B005.0097

# **All Options**

Disease

Amyotrophic Lateral We pay a benefit if a Covered Person is Diagnosed with Amyotrophic Lateral Sclerosis (also Sclerosis (ALS), which means motor neuron disease, marked by muscular known as ALS or weakness and atrophy with spasticity and hyperreflexia due to a loss of Lou Gehrig's motor neurons of the spinal cord, medulla and cortex.

> We deem ALS to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

> > B005.0098

## Disease

Huntington's We pay a benefit if a Covered Person is Diagnosed with Huntington's Disease, which is a neurodegenerative genetic disorder that affects muscle coordination and leads to cognitive decline and psychiatric problems.

> Diagnosis must document symptoms and verify the presence of the gene via genetic testing. We don't pay a benefit for the presence of the Huntington's Disease gene in absence of symptoms.

#### Symptoms include

- Personality changes, mood swings and depression;
- Forgetfulness and impaired judgment;
- Unsteady gait and involuntary movements;
- Slurred speech and difficulty in swallowing.

We deem Huntington's Disease to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

The Diagnosis must occur while the Covered Person is insured under this Plan.

B005.0099

### **All Options**

Multiple Sclerosis We pay a benefit if a Covered Person is diagnosed with Multiple Sclerosis (MS), which means demonstrated neurological deficits that have been present for 6 months or more. Diagnosis must be made on the basis of:

- (1) neurological examination demonstrating functional impairments;
- (2) imaging studies of the brain or spine demonstrating lesions consistent with MS; and
- (3) analysis of cerebrospinal fluid consistent with the diagnosis.

We deem MS to occur on the date a Doctor of appropriate specialty makes a Diagnosis. Diagnosis must occur while the Covered Person is insured under this Plan.

B005.0100

Advanced We pay a benefit if a Covered Person is Diagnosed with Advanced Parkinson's Disease Parkinson's Disease, which means Parkinson's Disease that has progressed to Stage 4, as Diagnosed by a Board Certified, or board-eligible, neurologist based on abnormal findings from neurological examination, cognitive testing, and results of imaging studies.

> We deem Advanced Parkinson's Disease to occur on the date a Doctor of appropriate specialty makes a Diagnosis that the person has progressed to Stage 4. The Diagnosis must occur while the Covered Person is covered under this Plan.

> > B005.0101

#### **All Options**

#### **Childhood Conditions**

B005.0102

#### **All Options**

Cerebral Palsy We pay a benefit if a Covered Dependent Child is Diagnosed with Cerebral Palsy, which means a group of disorders of the development of movement and posture causing activity limitation that are attributed to progressive disturbances that occurred in the developing fetal or infant brain. The motor disorders of cerebral palsy are often accompanied by disturbances of sensation, cognition, communication, perception and/or behavior and/or a seizure disorder. Other similar conditions such as degenerative nerve disorders, genetic diseases, muscle diseases, metabolic disorders, nervous system tumors, coagulation disorders, or other injuries or disorders which delay early development, but can be outgrown, are not included in this definition.

> We deem Cerebral Palsy to occur on the first date after live birth where a Doctor of appropriate specialty makes a Diagnosis.

> > B005.0103

### **All Options**

### Cleft Lip or Palate

We pay a benefit if a Covered Dependent Child is Diagnosed with Cleft Lip or Cleft Palate. A Cleft Lip appears as a narrow opening or gap in the skin of the upper lip that extends all the way to the base of the nose. A Cleft Palate is an opening between the roof of the mouth and the nasal cavity, including clefts that occur on one side of the mouth or both sides.

We pay a benefit for either a Cleft Lip or Cleft Palate, but not both.

We deem Cleft Lip or Cleft Palate to occur on the first date after live birth where a Doctor of appropriate specialty makes a definite clinical Diagnosis of a cleft lip or palate.

B005.0104

Clubfoot We pay a benefit if a Covered Dependent Child is Diagnosed with Clubfoot, which means a congenital deformity of the foot.

> We pay the benefit only once even if Clubfoot is present in both of the child's feet.

> We deem Clubfoot to occur on the first day after live birth where a Doctor of appropriate specialty makes a definite Diagnosis of Clubfoot.

> > B005.0105

#### **All Options**

Cystic Fibrosis We pay a benefit if a Covered Dependent Child is Diagnosed with Cystic Fibrosis, which means chronic lung disease and pancreatic insufficiency. The Diagnosis of Cystic Fibrosis made via sweat test is based upon sweat chloride concentrations greater than 60 mmol/L.

> We deem Cystic Fibrosis to occur on the first date after live birth where Cystic Fibrosis has been definitively Diagnosed by a Doctor of appropriate specialty via sweat test.

> > B005.0106

## **All Options**

Down Syndrome We pay a benefit if a Covered Dependent Child is Diagnosed with Down Syndrome, which means a Diagnosis of Down Syndrome through study of the 21st chromosome. Down Syndrome includes:

- Trisomy an individual has three instead of two number 21 chromosomes;
- Translocation an extra part of the 21st chromosome is attached to another chromosome;
- Mosaicism the individual has an extra 21st chromosome in only some of the cells but not all of them. The other cells have the usual pair of 21st chromosomes.

We deem Down Syndrome to occur on the first date after live birth where a Doctor of appropriate specialty completes a chromosome test that positively reveals Down Syndrome.

B005.0107

#### **All Options**

## **Muscular Dystrophy**

We pay a benefit if a Covered Dependent Child is Diagnosed with Muscular Dystrophy, which means a hereditary condition that is marked by progressive weakening and wasting of muscles. The Covered Dependent Child must have well defined neurological abnormalities, confirmed by electromyography and muscle biopsy.

We deem Muscular Dystrophy to occur on the first date after live birth where a Doctor of appropriate specialty makes a Diagnosis.

B005.0108

Spina Bifida We pay a benefit if a Covered Dependent Child is Diagnosed with Spina Bifida, which means either of the following types of Spina Bifida:

- (1) Meningocele the protective coatings (meninges) come through the open part of the spine like a sac that is pushed out. Cerebrospinal fluid is in the sac and there is usually no nerve damage.
- (2) Myelomeningocele This occurs when the meninges (protective covering of the spinal cord) and spinal nerves come through the open part of the spine.

We pay no benefits for spina bifida occulta.

We deem Spina Bifida to occur on the first date after live birth where a Doctor of appropriate specialty makes a Diagnosis

B005.0109

#### **All Options**

Type 1 Diabetes We pay a benefit if a Covered Dependent Child is Diagnosed with Type 1 Diabetes, which means the child has a total insulin deficiency and a continuous dependence on exogenous insulin for survival. Dependence on insulin must persist for a continuous period of at least 3 months.

> We deem Type 1 Diabetes to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

> > B005.0110

### **All Options**

#### **Other Critical Illnesses**

B005.0111

#### **All Options**

Addison's Disease We pay a benefit if a Covered Person is Diagnosed with Addison's disease, which means an endocrine or hormonal disorder resulting in the adrenal glands not producing sufficient cortisol.

> Diagnosis must be made by laboratory tests designed to show insufficient levels of cortisol.

> We deem Addison's Disease to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

> > B005.0112

Coma We pay a benefit if a Covered Person is Diagnosed with a Coma, which means a state of complete mental unresponsiveness with no evidence of appropriate responses to stimulation, lasting for a period of 7 or more consecutive days and characterized by the absence of eye opening, verbal response and motor response. The condition must require intubation for respiratory assistance. This benefit is not payable for a medically induced Coma.

We deem a Coma to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

B005.0113

#### **All Options**

Kidney Failure We pay a benefit if a Covered Person is Diagnosed with Kidney Failure, which means chronic irreversible failure of both kidneys to function, as a result of which either weekly or bi-weekly renal or peritoneal dialysis is started, or renal transplant is performed.

> Proof of Kidney Failure requires submission of medical records. Diagnosis of Kidney Failure will be deemed to occur on the earlier of the date: (a) renal or peritoneal dialysis is started; or (b) the date the Covered Person is accepted onto the kidney transplant waiting list of a recognized transplant program in the United States. If the Covered Person is too ill for a transplant, but otherwise meets the criteria for being on the waiting list of a recognized transplant program, the waiting list requirement will be waived. In this instance We deem Kidney Failure to occur on the date a Doctor of appropriate specialty deems the Covered Person is too ill for a transplant, but otherwise meets the criteria for being on a waiting list of a recognized transplant program in the United States.

> > B005.0114

#### **All Options**

#### Loss of Hearing

We pay a benefit if a Covered Person is Diagnosed with Loss of Hearing, which means clinically-proven irreversible loss of hearing in both ears, with an auditory threshold of more than 90 decibels, as a result of illness or injury that has continued without interruption for at least 6 consecutive months after Diagnosis.

No benefit will be paid if, in general medical opinion, surgery, a hearing aid, device, or implant could result in the partial or total restoration of hearing.

The Diagnosis must be made by physical examination by an licensed audiologist.

A Covered Dependent Child must be at least 3 years old on the date of Diagnosis in order to receive a benefit. However, if a Covered Dependent Child is Diagnosed prior to age 3, We will pay a benefit if the initial Diagnosis occurred while insured by this Plan, and the Diagnosis is confirmed on or after the child reaches age 3 and remains insured by this Plan.

We deem Loss of Hearing to occur on the date on which a licensed audiologist physically examines the Covered Person and certifies that the Covered Person meets the definition above.

B005.0115

#### **All Options**

Loss of Sight We pay a benefit if a Covered Person is diagnosed with Loss of Sight, based on best corrected visual acuity of 20/400 or less or visual field of 20 degrees or less in the better eye. No benefit will be paid if, in general medical opinion, surgery, device, or implant could result in the partial or total restoration of sight.

> A Covered Dependent Child must be at least 3 years old on the date of Diagnosis in order to receive a benefit. However, if a Covered Dependent Child is Diagnosed prior to age 3, We will pay a benefit if the initial diagnosis occurred while insured by this Plan, and the Diagnosis is confirmed on or after the child reaches age 3 and remains insured by this Plan.

> We deem Loss of Sight to occur on the date on which a licensed ophthalmologist physically examines the Covered Person and certifies that the Covered Person has best corrected visual acuity of 20/400 or less or visual field of 20 degrees or less in the better eye.

> > B005.0116

### **All Options**

Loss of Speech We pay a benefit if a Covered Person is Diagnosed with Loss of Speech, which means the clinically proven total, permanent and irreversible loss of the ability to speak as a result of Illness or injury that has continued without interruption for a period of at least 6 consecutive months.

> No benefit will be payable if, in general medical opinion, surgery, a device or implant could result in the partial or total restoration of speech.

The Diagnosis must be made by physical examination by a speech pathologist.

A Covered Dependent Child must be at least 3 years old on the date of Diagnosis in order to receive a benefit. However, if a Covered Dependent Child is Diagnosed prior to age 3, We will pay a benefit if the initial diagnosis occurred while insured by this Plan, and the Diagnosis is confirmed on or after the child reaches age 3 and remains insured by this Plan.

We deem Loss of Speech to occur on the date on which a Doctor of appropriate specialty physically examines the Covered Person and certifies that the Covered Person meets the definition above.

B005.0117

#### **All Options**

Major Organ Failure We pay a benefit if a Covered Person is Diagnosed with Major Organ Failure. By Major Organ Failure We mean the irreversible failure of both lungs, liver, pancreas, or bone marrow, which requires a human to human transplant determined to be Medically Necessary by a Doctor of the appropriate specialty.

> We deem Major Organ Failure to occur on the date the Covered Person is accepted onto the transplant waiting list of a recognized transplant program in the United States. We pay the benefit whether or not the transplant is ever performed. If the Covered Person is too ill for a transplant, but otherwise meets the criteria for being on the waiting list of a recognized transplant program, the waiting list requirement will be waived. In this instance We deem Major Organ Failure to occur on the date a Doctor of appropriate specialty deems the Covered Person is too ill for a transplant, but otherwise meets the criteria for being on a waiting list of a recognized transplant program in the United States.

> We don't pay a benefit under both this provision and the Heart Failure provision at the same time.

We pay no benefits for autologous bone marrow transplants.

B005.0118

## **All Options**

Permanent Paralysis We pay a benefit if a Covered Person is Diagnosed with Permanent Paralysis, which means a complete and irreversible condition marked by loss of muscle function in any combination of arms and legs. Permanent Paralysis must be the direct result of a Sickness or Injury, other than a Stroke.

> We pay 100% of the benefit amount for the Permanent Paralysis of two or more limbs. We pay 50% of the benefit amount for the Permanent Paralysis of one limb.

> We deem Permanent Paralysis to occur on the date a Doctor of appropriate specialty makes a Diagnosis.

> > B005.0119

Severe Burns We pay a benefit if a Covered Person is Diagnosed with Severe Burns, which means full-thickness or third-degree burn, as determined by a Doctor covering at least 25% of the body. A full-thickness or third-degree burn is the destruction of the skin through the entire thickness or depth of the dermis and possibly into underlying tissues, with loss of fluid and sometimes shock, by means of exposure to fire, heat, caustics, electricity or radiation.

We deem Severe Burns to occur on the date of the Injury.

B005.0120

#### **All Options**

#### Other Benefits

B005.0121

## **All Options**

Cancer Vaccine We will pay the amount shown in the Schedule of Benefits if a Covered Person receives any Cancer Vaccine approved by the Food and Drug Administration (FDA) for prevention of cancer.

B005.0122

## Limitations

B005.0124

#### **All Options**

Age Reduction The Covered Person's benefit amount will be reduced when You reach certain ages. These reductions are shown in the Schedule of Benefits. The dependent's benefit amount will be reduced on a pro rata basis when Your benefit amount is reduced.

B005.0126

#### **All Options**

#### **Proof Of Insurability**

The Covered Person's benefit amount, part of it, or increases in it, may not become effective until he or she submits Proof of Insurability to Us. We must approve such Proof of Insurability in writing. These requirements are shown in the Schedule of Benefits.

B005.0127

#### **All Options**

## Conditions

Pre-Existing A pre-existing condition is a Injury or Sickness, whether diagnosed or misdiagnosed, and any symptoms of it, for which in the 6 months before a person becomes covered by this Plan he or she: (1) receives advice or treatment from a Doctor; (2) undergoes diagnostic procedures, other than routine screening in the absence of symptoms or suspicion of disease process by a Doctor; (3) is prescribed or has taken prescription drugs; or (4) receives other medical care or treatment, including consultation with a Doctor. This Plan will not pay benefits for a Critical Illness that is caused by, or results from, a Pre-Existing Condition if the Critical Illness occurs during the first 6 months the person is covered by this Plan.

> This Plan also limits the Covered Person's benefits under this Plan if a Critical Illness that is caused by, or results from, a Pre-Existing Condition occurs after: (a) a change which provides for an increase in the benefits payable by this Plan; or (b) a change in Your benefit election which increased the benefit payable by this Plan, In this case, Your benefit will be limited to the amount that would have been payable had the change not taken place. This limit does not apply if the Critical Illness occurs after the Covered Person completes at least one full day of active work after the change has been in force for 6 months in a row.

> > B023.0401

If This Plan This Plan may be replacing a similar plan that the Employer had with some Replaces Another other carrier. In that case, the Pre-Existing Condition limitation will not apply Plan to any Covered Person who: (1) was covered under the Employer's old plan on the day before this Plan started; and (2) has met the requirements of any Pre-Existing Condition or limitation of the old plan; and (3) in Your case, are Actively At Work on a Full-Time basis on the effective date of this Plan.

> This Plan will credit any time used to meet the old plan's Pre-Existing Condition provision toward meeting this Plan's Pre-Existing Condition provision, if the Covered Person: (1) was covered under the old plan when it ended; (2) enrolls for coverage under this Plan on or before this Plan's effective date; and (3) is Actively Working on the effective date of this Plan; but (4) has not fulfilled the requirements of any Pre-Existing Condition provision of the old plan.

> But, this Plan limits a Covered Person's benefit under this Plan if: (1) it is more than the Critical Illness benefit for which he or she was covered under the old plan; (2) the illness is due to a Pre-Existing Condition; and (3) this Plan pays benefits because this Plan credits time as explained above. In this case, this Plan limits the benefit to the amount the Covered Person to which he or she would have been entitled under the old plan.

> This Plan deducts all payments made by the old plan under an extension provision.

> > B005.0130

### **All Options**

#### **Exclusions**

- 1) This Plan will not pay benefits for any Critical Illness:
- That is not listed as a Critical Illness in the section entitled Covered Critical Illnesses.
- Caused by, contributed to by, or resulting from: (1) participating in a felony, riot or insurrection; (2) intentionally causing a self-inflicted Injury; (3) committing or attempting to commit suicide while sane or insane; (4) engaging in any illegal activity; or (5) serving in the armed forces or any auxiliary unit of the armed forces of any country.
- Caused by, contributed to by, or resulting from voluntary use of any poison, chemical, prescription or non-prescription drug or controlled substance unless: (1) it was prescribed for the Covered Person by a Doctor, and (2) it was used as prescribed. In the case of a non-prescription drug, this Plan does not pay for any Critical Illness resulting from or contributed to by use in a manner inconsistent with package instructions. "Controlled substance" means anything called a controlled substance in Title II of the Comprehensive Drug Abuse Prevention and Control Act of 1970, as amended from time to time.
- Arising from war or act of war, even if war is not declared.

- For which Diagnosis is made outside the United States, unless the Diagnosis is confirmed in the United States. In that case, the Critical Illness will be deemed to occur on the date the Diagnosis was made outside the United States.
- That is Diagnosed while the person is not covered by this Plan.
- For which Diagnosis is made by a Doctor who is the Covered Person, his or her spouse, child, parent, sibling or business associate.
- For which Diagnosis is made while the Covered Person is not alive, unless otherwise specified under Covered Critical Illnesses.
- 2) This Plan will not pay benefits for the First Occurrence of a Critical Illness if it occurs less than 3 months after the First Occurrence of a related Critical Illness for which this Plan paid benefits. By related we mean either: (a) both Critical Illnesses are contained within the Cancer Related Conditions category; or (b) both Critical Illnesses are contained within the Vascular Conditions category; or (c) both Critical Illnesses are contained within the Childhood Conditions category.
- 3) This Plan will not pay benefits for a Recurrence of a Critical Illness unless the Covered Person has not exhibited symptoms or received care or treatment for that Critical Illness for at least 12 months in a row prior to the Recurrence. For purposes of this exclusion, care or treatment does not include: (1) preventive medications in the absence of disease; and (2) routine scheduled follow-up visits to a Doctor.
- 4) This Plan will not pay benefits for more than one Recurrence of any Critical Illness.

B005.0134

#### SCHEDULE OF BENEFITS

#### CRITICAL ILLNESS COVERAGE

Effective on the latter of (i) the original effective date of the Policy; or (ii) the effective date of any applicable amendment requested by the Policyholder and approved by the Insurance Company, this Schedule of Benefits is attached to the Certificate. This Schedule of Benefits replaces any previously issued Schedule of Benefits.

B005.0141

#### All Options

Initial Election When You first become eligible for this Plan You may choose to become covered for one of the Plans described below and pay the required premium.

> You may request to switch to another Plan at any time. But, We will require Proof of Insurability before You switch to another Plan which provides greater benefits if You do this outside of the group enrollment period (See Conditions of Eligibility for more information). You must notify the Employer of any desired switch and pay the required premium.

> > B005.0762

#### **All Options**

Annual Election After You are initially covered under this Plan You may increase Your coverage by selecting the next higher Critical Illness Benefit Amount, up to this Plan's guaranteed issue amount, without submitting Proof of Insurability. This option is available during Your open enrollment period specified by Your Employer. (See Conditions of Eligibility for more information).

> If the next available option is greater than the guaranteed issue amount You will need to supply Proof of Insurability. If Proof of Insurability is required and has been declined. You will not be eligible for additional increases. Also, any increase in dependent coverage due to Your annual election will require Proof of Insurability.

> > B005.0763

**All Options** 

**Critical Illness** % of Benefit % of Benefit **Benefit Levels** Amount for First Amount for Recurrence Occurrence

**All Options** 

**Cancer Related Conditions:** 

**All Options** 

Benign Brain Tumor 75% Not Covered

All Options	Carcinoma in Situ	30%	Not Covered
All Outland	Carcinoma in Situ	30 /6	Not Covered
All Options	Invasive Cancer	100%	50%
All Options			
	Skin Cancer	\$250.00	Not Covered
All Options			
Vascular Conditions:			
All Options			
	Arteriosclerosis	30%	Not Covered
All Options			
	Heart Attack	100%	50%
All Options			
	Heart Failure	100%	50%
All Options	Otral	4000/	500/
	Stroke	100%	50%
All Options			
Neurological Conditions:			
All Options			
	Alzheimer's Disease for Covered Person	50%	Not Covered
All Options			
	ALS (Lou Gehrigs's Disease)	100%	Not Covered
All Options			
	Huntington's Disease	30%	Not Covered
All Options			
	Multiple Sclerosis	30%	Not Covered
All Options			
	Advanced Parkinson's Disease	100%	Not Covered
CC 9CH CI 19			

Childhood
Conditions:
(applies only to covered dependent children)

All Options
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	Cerebral Palsy	100%	Not Covered
All Options	Cleft lip/cleft palate	100%	Not Covered
All Options	Club Foot	100%	Not Covered
All Options	Cystic Fibrosis	100%	Not Covered
All Options	Down's Syndrome	100%	Not Covered
All Options	Muscular Dystrophy	100%	Not Covered
All Options	Spina Bifida	100%	Not Covered
All Options	Type 1 Diabetes	100%	Not Covered
All Options Other Conditions:			
All Options	Addison's Disease	30%	Not Covered
All Options	Coma	100%	Not Covered
All Options	Kidney Failure	100%	50%
All Options	Loss of Hearing	100%	Not Covered

Loss of Sight 100% Not Covered

**All Options** 

Not Covered Loss of Speech 100%

**All Options** 

Major Organ Failure 100% 50%

**All Options** 

**Permanent Paralysis** 100% for 2 or more Not Covered

limbs; 50% for 1 limb

**All Options** 

Severe Burns 100% Not Covered

**All Options** 

Cancer Vaccine \$50.00 per lifetime

**All Options** 

#### **EMPLOYEE VOLUNTARY CRITICAL ILLNESS COVERAGE**

**All Options** 

**Benefit Amount** 

B005.0316

**All Options** 

**Benefit Amount** 

B005.0314

**All Options** 

Reduction of Critical If You are less than age 70 when Your coverage under this Plan starts, Your Illness Benefit benefit amount will be reduced. It will be reduced on the date you reach age Amount Based On 70, by 50% of that amount. Reduced amounts will be rounded to the nearest Age dollar. But, in no case will such amount be less than \$1,000.00.

> This reduction also applies to Your initial benefit amount if Your coverage starts on or after the date You reach age 70.

> > B005.0318

## Requirements

Proof of Insurability Proof of Insurability requirements may apply to this coverage. Such requirements may apply to the full benefit amount, or just part of it. When Proof of Insurability requirements apply, it means You must submit to Us, Proof of Insurability, and We must approve the Proof of Insurability in writing before the coverage, or the specified part becomes effective.

We require Proof of Insurability as follows:

We require Proof of Insurability before We will cover You if You enroll for Critical Illness coverage after 31 days from Your Eligibility Date or outside of the group enrollment period specified by Your Employer. (See Conditions of Eligibility for more information).

We require Proof of Insurability when You switch from Your current Plan of Critical Illness coverage to a Plan with a higher benefit amount if You elect a higher Plan outside of the group enrollment period specified by Your Employer. (See Conditions of Eligibility for more information).

You must provide Proof of Insurability for amounts of Critical Illness coverage in excess of \$20,000.00.

B005.0768

### **All Options**

#### DEPENDENT VOLUNTARY CRITICAL ILLNESS COVERAGE

#### **All Options**

Critical Illness than \$5,000.00. **Benefit Amount** 

Dependent Spouse An amount up to 50% of Your Critical Illness Benefit Amount, but not more

B005.0404

#### **All Options**

Critical Illness than \$10,000.00. **Benefit Amount** 

Dependent Spouse An amount up to 50% of Your Critical Illness Benefit Amount, but not more

R005 0407

#### **All Options**

Critical Illness **Benefit Amount** 

**Dependent Child** \$5,000.00 not to exceed 25% of Your Critical Illness Benefit Amount.

B005.0427

### **All Options**

**Amount Based On** Employee's Age

Reduction of Critical Your dependent's Critical Illness Benefit Amount is reduced in the same

Illness Benefit manner as Your Critical Illness Benefit Amount.

B005.0442

Dependent Spouse Proof of Insurability requirements may apply to this coverage. Such Proof of Insurability requirements may apply to the full benefit amount, or just part of it. When Requirements Proof of Insurability requirements apply, it means You must submit to Us, Proof of Insurability for Your dependent spouse, and We must approve the Proof of Insurability in writing before the coverage, or the specified part becomes effective.

We require Proof of Insurability as follows:

We require Proof of Insurability before We will cover Your Spouse if You enroll him or her for Critical Illness coverage after 31 days from Your Eligibility Date or outside of the group enrollment period specified by Your Employer. (See Conditions of Eligibility for more information).

We require Proof of Insurability for Your Spouse when You switch from Your current plan of dependent Spouse Critical Illness coverage to a plan with a higher benefit amount if You elect a higher Plan outside of the group enrollment period specified by Your Employer. (See Conditions of Eligibility for more information).

Your Spouse must provide Proof of Insurability for amounts of dependent Spouse Critical Illness coverage in excess of \$10,000.00.

B005.0774

#### All Options

## **Changes To Coverage**

## Coverage Amounts

Changes in If You are not Actively At Work on a Full-Time basis, any change in Your amount of coverage or the amount of coverage on a covered dependent will not become effective prior to the date You return to Active Work on a Full-Time basis.

# Insurance

Changes in If Your classification changes, coverage will not be changed to the new amount until the first day on which You are: (1) Actively At Work on a Full-Classification Time basis; and (2) make a contribution, if required, for the new classification.

> If a contribution is required for the new classification for which a larger amount of coverage is provided, You must make the required contribution for the new amount within 31 days of the change. If You do not make the required contribution within 31 days of the change or within 31 days of becoming Actively At Work on a Full-Time basis, if You are not Actively At Work on a Full-Time basis, when Your classification changes, no increase will be allowed due to such change or any later change. In that case, in order to become covered for the larger amount, You must: (1) make the required contribution for the new amount; and (2) furnish Proof of Insurability to Us, which We approve in writing.

> If the coverage amount was previously reduced because of age or retirement, it will be retained at the reduced amount.

> > B005.0450

## **CERTIFICATE RIDER - Portability Privilege**

Effective on the latter of (i) the original effective date of the Policy; or (ii) the effective date of any applicable amendment requested by the Policyholder and approved by the Insurance Company, this rider amends this Plan by the addition of the following:

#### PORTABILITY PRIVILEGE

**Definition:** As used in this provision, the terms "port" and "to port" mean to choose a portable certificate of coverage which provides group Critical Illness coverage.

**Portability Conditions:** Portability is subject to all of the Conditions described below.

- You may port if Your coverage under this Plan ends because: (1) You have terminated employment; (2) You stop being a member of an eligible class of Employees; or (3) this Plan ends.
- You may **not** port Your coverage if You have reached Your 70th birthday on the date coverage under this Plan ends.
- You may **not** port coverage for any of Your dependents if he or she has reached his or her 70th birthday on the date coverage under this Plan ends.
- You may **not** port if coverage under this Plan ends due to Your failure to pay any required premium.

**Portability Options:** You may port Your Critical Illness coverage, subject to any benefit amount reductions based on age, less the amount of any Critical Illness benefits paid by this Plan.

You may port Your dependent's Critical Illness coverage, subject to any benefit amount reductions based on Your age, less the amount of any Critical Illness benefits paid by this Plan.

You may port: (1) Your coverage only; (2) Your coverage and coverage of Your covered Spouse; (3) Your coverage and the coverage of all of Your covered dependents; or (4) if You are a single parent, Your coverage and the coverage of all of Your covered dependent children. No other combinations will be allowed.

A dependent must be covered as of the date Your coverage under this Plan ends in order to be eligible for portability.

If You die while covered for dependent Critical Illness coverage, Your Spouse may port Your dependent Critical Illness coverage as described above. Your Spouse and dependent children must be covered under this Plan on the date of Your death. But, this option is not available if: (1) there is no surviving Spouse; or (2) Your surviving Spouse has reached his or her 70th birthday on the date of Your death.

GC-R-CI-PORT-14

The Portable Certificate of Coverage: The portable certificate of coverage provides group Critical Illness. The benefits provided by the portable certificate of coverage are the same as the benefits provided by this Plan. The portable certificate provides seamless coverage. Benefit limits, maximums and timeframes do not reset when someone becomes covered under the portable certificate. The premium for the portable certificate of coverage will be based on: (1) the Covered Person's rate class under this Plan; and (2) Your surviving Spouse's age bracket as shown in the Critical Illness Portability Coverage Premium Notice.

**How to Port:** You or Your surviving Spouse must: (1) apply to Us in writing; and (2) pay the required premium. You or Your surviving Spouse must do this within 31 days from the date Your coverage under this Plan ends. We will not ask for proof that You or Your surviving Spouse are in good health.

This rider is a part of this Certificate. Except as stated in this rider, nothing contained in this rider changes or affects any other terms of this Certificate.

The Guardian Life Insurance Company of America

Stuart J Shaw

Vice President, Risk Mgt. & Chief Actuary

B005.0240

#### **CERTIFICATE RIDER - Wellness Benefit**

Effective on the latter of (i) the original effective date of the Policy; or (ii) the effective date of any applicable amendment requested by the Policyholder and approved by the Insurance Company, this rider amends this Plan by the addition of the following:

#### **Wellness Benefit**

This Plan will pay a benefit if a Covered Person has one of the following wellness tests or procedures performed.

We limit what we pay to \$50.00 per day of wellness tests or procedures. We limit what we pay to one day per Covered Person per Benefit Year.

By Benefit Year, we mean a 12 month period which starts on January 1st and ends on December 31st of each year.

By Covered Person, we mean You, as the Employee insured under this Plan and Your dependent Spouse and Covered Dependent Child(ren).

This Plan pays this benefit regardless of the results of the test or procedure.

Wellness tests or procedures are limited to:

- Blood test for triglycerides
- Bone marrow testing
- Breast ultrasound
- Cancer genetic mutation test
- CA 15-3 (blood test for breast cancer)
- CA125 (blood test for ovarian cancer)
- CEA (blood test for colon cancer)
- Chest x-ray
- Colonoscopy
- Completion of a smoking cessation program
- Completion of a weight reduction program
- Fasting blood glucose test
- Flexible Sigmoidoscopy
- Hemoccult stool analysis
- Mammography
- Pap smear
- PSA (blood test for prostate cancer)
- Serum cholesterol test to determine level of
- HDL and LDL
- Serum Protein Electrophoresis (blood test for myeloma)
- Stress test on a bicycle or treadmill
- Thermography
- ThinPrep pap test
- Virtual colonoscopy

The Covered Person must submit proof of the test or procedure.

This rider is a part of this Certificate. Except as stated in this rider, nothing contained in this rider changes or affects any other terms of this Certificate.

The Guardian Life Insurance Company of America

Vice President, Risk Mgt. & Chief Actuary

Stuart J Shaw

B005.0462

GC-R-CI-WELL-14

## CERTIFICATE AMENDMENT - ELIGIBILITY FOR CRITICAL ILLNESS COVERAGE

Effective on the latter of (i) the original effective date of the Policy; or (ii) the effective date of any applicable amendment requested by the Policyholder and approved by the Insurance Company, this rider amends this Plan by replacing the following sections:

### **Conditions of Eligibility**

**Proof of Insurability:** Part or all of Your insurance amounts may be subject to Proof of Insurability. The Schedule of Benefits explains if and when We require Proof of Insurability. You will not be covered for any amount that requires such Proof of Insurability until You give the Proof of Insurability to Us and We approve that Proof of Insurability in writing.

If You elect to enroll within 31 days after Your Eligibility Date, coverage is scheduled to start on Your Eligibility Date.

If You do not elect this coverage within 31 days of Your Eligibility Date, You must answer health questions, or wait until the next scheduled group enrollment period. Once each year, during the group enrollment period, You may elect to enroll in this coverage as offered by the Employer. As used here, "group enrollment period" means an annual open enrollment period set by the Employer and agreed to by Us. If You elect to enroll outside of the group open enrollment period, You must provide Proof of Insurability by answering health questions, or wait until the next group enrollment period.

If Proof of Insurability is required, You will not be covered by this Plan until We approve that Proof of Insurability in writing and notify You of Your effective date of coverage.

#### When Employee Coverage Starts

Your eligibility date is the date You have met all of the conditions of eligibility.

Whether You must pay all or part of the cost of Your coverage, You must elect to enroll and agree to make the required payments before Your coverage will start. If You do this on or before Your Eligibility Date, Your coverage is scheduled to start on Your Eligibility Date. If You do this within 31 days after Your Eligibility Date, Your coverage is scheduled to start on Your Eligibility Date. If You elect to enroll and agree to make the required payments more than 31 days after Your Eligibility Date, Your coverage will not be scheduled to start until You send Us Proof of Insurability or until You enroll during the next group enrollment period. If Proof of Insurability is required, You will not be covered by this Plan until We approve that Proof of Insurability in writing and notify You of Your effective date of coverage.

If Your active service ends before You meet any Proof of Insurability requirements that apply, You will still have to meet those requirements if You are later re-employed by the Employer or an associated company.

On the date all or part of Your coverage is scheduled to start, You must be: (1) Actively At Work; (2) fully capable of performing the major duties of Your regular occupation; and (3) working Your regular number of hours. In that case, Your coverage will start at 12:01 A.M. Standard Time for Your place of residence on that date. In any other case, We will postpone the start of Your coverage until the date You: (a) return to Active Work; (b) are working Your regular number of hours; and (c) are fully capable of performing the major duties of Your regular occupation. Sometimes, a scheduled effective date is not a regularly scheduled work day. If the scheduled effective date falls: on a holiday; on a vacation day; on a non- scheduled work day; during a layoff of less than 180 days in duration; during an approved leave of absence not due to sickness or injury, of 90 days or less; or on a day during a period of absence that is less than 7 days in duration; and if: (a) You were fully capable of performing the major duties of Your regular occupation for the Employer on a full-time basis at 12:01 AM Standard Time for Your place of residence on the scheduled effective date; and (b) You were performing the major duties of Your regular occupation and working Your regular number of hours on Your last regularly scheduled work day; Your coverage will start on the scheduled effective date.

Delayed Effective Date For Voluntary Critical Illness Coverage: If You are not Actively At Work on the date Your Voluntary Critical Illness coverage is scheduled to start due to Sickness or Injury, We will postpone coverage for an otherwise covered loss due to that Sickness or Injury. We will postpone such coverage until You complete ten days in a row without missing a work day due to that Sickness or Injury in which You are: (1) Actively At Work; (2) fully capable of performing the major duties of Your regular occupation; and (3) working Your regular number of hours. Coverage for an otherwise covered loss due to all other conditions will start on the date You are: (a) Actively At Work; (b) fully capable of performing the major duties of Your regular occupation; and (c) working Your regular number of hours.

**Exception to When Employee Coverage Starts:** If You are not capable of performing the major duties of Your regular occupation for Your Employer on a full-time basis on the date Your coverage is scheduled to start, You will be insured for Critical Illness insurance if:

- 1. You were insured under the prior insurer's group critical illness policy at the time of the transfer:
- 2. You are a member of an eligible class; and
- 3. premiums for You were paid up to date; and
- 4. You are not receiving or eligible to receive benefits under the prior insurer's group critical illness policy.

Any Critical Illness benefit payable will be the lesser of:

- 1. the Critical Illness benefit payable under the Group Policy; or
- 2. the critical illness benefit payable under the prior insurer's group critical illness policy had it remained in force.

The Critical Illness benefit payable will be reduced by any amount paid by the prior insurer's group critical illness policy.

All other provisions under this Policy will apply under the Exception to When Employee Coverage Starts.

You will remain insured under this provision until the first to occur of:

- the date You are fully capable of performing the major duties of Your regular occupation for Your Employer on a full-time basis;
- 2. the date insurance terminates for one of the reasons stated in When Employee Coverage Ends;
- 3. the last day of a period of 12 consecutive months which begins on the Policy effective date; or
- 4. the last day You would have been covered under the prior insurer's group critical illness policy, had the prior plan not terminated.

#### **DEPENDENT COVERAGE**

#### **Proof of Insurability**

Part or all of Your Initial Dependents insurance amounts may be subject to Proof of Insurability. The Schedule of Benefits explains if and when We require Proof of Insurability. Your Initial Dependents will not be covered for any amount that requires such Proof of Insurability until You give the Proof of Insurability to Us and We approve that Proof of Insurability in writing.

If You elect to enroll Your Initial Dependents within 31 days after Your Eligibility Date, coverage is scheduled to start on Your Eligibility Date.

If You do not elect Initial Dependent coverage within 31 days of Your Eligibility Date, Your Initial Dependents must answer health questions, or wait until the next scheduled group enrollment period to enroll. Once each year, during the group enrollment period, You may elect to enroll Initial Dependents in this coverage as offered by the Employer. As used here, "group enrollment period" means an annual open enrollment period set by the Employer and agreed to by Us. If You elect to enroll Your Initial Dependents outside of the group open enrollment period, You must provide Proof of Insurability by answering health questions, or wait until the next group enrollment period.

If Proof of Insurability is required, Your Initial Dependents will not be covered by this Plan until We approve that Proof of Insurability in writing and notify You of Your Initial Dependent's effective date of coverage.

In the case of a Newly Acquired Dependent, other than the first newborn child, You may elect to enroll a Newly Acquired Dependent within 31 days. If You do not elect to enroll a Newly Acquired Dependent within 31 days of his or her Eligibility Date, Your Newly Acquired Dependent(s) may have to answer health questions, or wait until the next scheduled group enrollment period to enroll.

If Your dependent coverage ends for any reason, including failure to make the required payments, Your dependent will not be covered by this Plan again until You give Us new Proof of Insurability that they are insurable and We approve that Proof of Insurability in writing, or wait until the next group enrollment period.

#### When Dependent Coverage Starts

In order for Your dependent coverage to start, You must already be covered for Employee coverage, or enroll for Employee and dependent coverage at the same time.

If You enroll Your dependents on or before Your Eligibility Date, the dependent's coverage is scheduled to start on the later of the 1st day of the month which coincides with or next follows Your Eligibility Date and the date You become covered for Employee coverage.

If You do this within the group enrollment period, the coverage is scheduled to start on the later of the 1st day of the month which coincides with or next follows the date You sign the enrollment form and the date You become covered for Employee coverage.

If You do this after the group enrollment period ends, Your dependent coverage may be subject to Proof of Insurability and will not start until We approve that Proof of Insurability in writing.

Once You have dependent child coverage for Your Initial Dependent child(ren) any Newly Acquired Dependent children will be covered as of the date he or she is first eligible.

Whether You must pay all or part of the cost of Your coverage, You must elect to enroll and agree to make the required payments before Your coverage will start. If You do this on or before Your Eligibility Date, Your coverage is scheduled to start on Your Eligibility Date. If You do this within 31 days after Your Eligibility Date, Your coverage is scheduled to start on Your Eligibility Date. If You elect to enroll and agree to make the required payments more than 31 days after Your Eligibility Date, Your coverage will not be scheduled to start until You send Us Proof of Insurability or until You enroll during the next group enrollment period. If Proof of Insurability is required, You will not be covered by this Plan until We approve that Proof of Insurability in writing and notify You of Your effective date of coverage.

If Proof of Insurability is required for dependent benefits as explained above, those benefits will not be scheduled to start until You give Us Proof of Insurability that the dependent is insurable. Once We have approved that Proof of Insurability, those benefits will be scheduled to start on the effective date shown in the endorsement section of Your application.

**Exception:** We will postpone the effective date of a dependent's, other than a newborn child's, coverage if, on that date, he or she is: (1) confined to a hospital or other health care facility; (2) home confined; or (3) unable to perform two or more Activities of Daily Living. In that case, We will postpone the effective date of his or her coverage until the day after the date: (a) of his or her discharge from such facility; (b) his or her home confinement ends; or (c) he or she is no longer requires assistance with two or more Activities of Daily Living. If a dependent was covered under a prior plan at transfer, this language will not apply to the amount of coverage that was in force with the prior plan.

This rider is a part of this Certificate. Except as stated in this rider, nothing contained in this rider changes or affects any other terms of this Certificate.

The Guardian Life Insurance Company of America

Raymand J Maura
Senior Vice President, Group and Worksite Markets

B005.0758

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The following notice applies if your plan is governed by the Employee Retirement Income Security Act of 1974 and its amendments. This notice is not part of the Guardian plan of insurance or any employer funded benefits, not insured by Guardian.

#### STATEMENT OF ERISA RIGHTS

As a participant, you are entitled to certain rights and protections under the Employee Retirement Income Security Act of 1974 (ERISA). ERISA provides that all plan participants shall be entitled to:

#### Receive Information About Your Plan and Benefits

- (a) Examine, without charge, at the plan administrator's office and at other specified locations, such as worksites and union halls, all documents governing the plan, including insurance contracts and collective bargaining agreements, and a copy of the latest annual report (Form 5500 Series) filed by the plan with the U. S. Department of Labor and available at the Public Disclosure Room of the Employee Benefits Security Administration.
- (b) Obtain, upon written request to the plan administrator, copies of documents governing the operation of the plan, including insurance contracts, collective bargaining agreements and copies of the latest annual report (Form 5500 Series) and updated summary plan description. The administrator may make a reasonable charge for the copies.
- (c) Receive a summary of the plan's annual financial report. The plan administrator is required by law to furnish each participant with a copy of this summary annual report.

## Prudent Actions By Plan Fiduciaries

In addition to creating rights for plan participants, ERISA imposes duties upon the people who are responsible for the operation of the employee benefit plan. The people who operate the plan, called "fiduciaries" of the plan, have a duty to do so prudently and in the interest of plan participants and beneficiaries. No one, including your employer, your union, or any other person may fire you or otherwise discriminate against you in any way to prevent you from obtaining a welfare benefit or exercising your rights under ERISA.

## Your Rights

Enforcement Of If your claim for a welfare benefit is denied or ignored, in whole or in part, you have a right to know why this was done, to obtain copies of documents relating to the decision without charge, and to appeal any denial, all within certain time schedules.

> Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request a copy of plan documents or the latest annual report from the plan and do not receive them within 30 days, you may file suit in a state or Federal court. In such a case, the court may require the plan administrator to provide the materials and pay you up to \$110.00 a day until you receive the material, unless the materials were not sent because of reasons beyond the control of the administrator. If you have a claim for benefits which is denied or ignored, in whole or in part, you may file suit in a federal court. If it should happen that plan fiduciaries misuse the plan's money or if you are discriminated against for asserting your rights, you may seek assistance from the U.S. Department of Labor, or you may file suit in a Federal court. The court will decide who should pay court costs and legal fees. If you are successful, the court may order the person you sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees, for example, if it finds that your claim is frivolous.

### Assistance with Questions

If you have questions about the plan, you should contact the plan administrator. If you have questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the plan administrator, you should contact the nearest office of the Employee Benefits Security Administration, U.S. Department of Labor listed in your telephone directory or the Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue N.W., Washington D.C. 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration.

B800.0093

## **Group Health Benefits Claims Procedure**

If you seek benefits under the plan you should complete, execute and submit a claim form. Claim forms and instructions for filing claims may be obtained from the Plan Administrator.

Guardian is the Claims Fiduciary with discretionary authority to determine eligibility for benefits and to construe the terms of the plan with respect to claims. Guardian has the right to secure independent professional healthcare advice and to require such other evidence as needed to decide your claim.

In addition to the basic claim procedure explained in your certificate, Guardian will also observe the procedures listed below. These procedures are the minimum requirements for benefit claims procedures of employee benefit plans covered by Title 1 of the Employee Retirement Income Security Act of 1974 ("ERISA").

#### Definitions

"Adverse Benefit Determination" means any denial, reduction or termination of a benefit or failure to provide or make payment (in whole or in part) for a benefit.

"Group Health Benefits" means any accident, cancer, critical illness, specified disease or hospital indemnity coverages which are a part of this

## Benefit Determination

Timing For Initial The benefit determination period begins when a claim is received. Guardian will make a benefit determination and notify a claimant within a reasonable period of time, but not later than the maximum time period shown below. A written or electronic notification of any adverse benefit determination must be provided.

> Claims. Guardian will provide a benefit determination not later than 30 days after receipt of a claim. If a claimant fails to provide all information needed to make a benefit determination, Guardian will notify the claimant of the specific information that is needed as soon as possible but no later than 30 days after receipt of the claim.

> The time period for completing a benefit determination may be extended by up to 15 days if Guardian determines that an extension is necessary due to matters beyond the control of the plan, and so notifies the claimant before the end of the initial 30-day period.

> If Guardian extends the time period for making a benefit determination due to a claimant's failure to submit information necessary to decide the claim, the claimant will be given at least 45 days to provide the requested information. The extension period will begin on the date on which the claimant responds to the request for additional information.

## Determination

Adverse Benefit If a claim is denied, Guardian will provide a notice that will set forth:

- the specific reason(s) for the adverse determination;
- reference to the specific plan provision(s) on which the determination is based:

- a description of any additional material or information necessary to make the claim valid and an explanation of why such material or information is needed:
- a description of the plan's claim review procedures and the time limits applicable to such procedures, including a statement indicating that the claimant has the right to bring a civil action under ERISA Section 502(a) following an adverse benefit determination;
- identification and description of any specific internal rule, guideline or protocol that was relied upon in making an adverse benefit determination, or a statement that a copy of such information will be provided to the claimant free of charge upon request.

# **Determinations**

Appeal of Adverse If a claim is wholly or partially denied, the claimant will have up to 180 days Benefit to make an appeal.

> Guardian will conduct a full and fair review of an appeal which includes providing to claimants the following:

- the opportunity to submit written comments, documents, records and other information relating to the claim;
- the opportunity, upon request and free of charge, for reasonable access to, and copies of, all documents, records and other information relating to the claim; and
- a review that takes into account all comments, documents, records and other information submitted by the claimant relating to the claim, without regard to whether such information was submitted or considered in the initial benefit determination.

In reviewing an appeal, Guardian will:

- provide for a review conducted by a named fiduciary who is neither the person who made the initial adverse determination nor that person's subordinate:
- in deciding an appeal based upon a medical judgment, consult with a health care professional who has appropriate training and experience in the field of medicine involved in the medical judgment;
- identify medical or vocational experts whose advice was obtained in connection with an adverse benefit determination; and
- ensure that a health care professional engaged for consultation regarding an appeal based upon a medical judgment shall be neither the person who was consulted in connection with the adverse benefit determination, nor that person's subordinate.

Guardian will notify the claimant of its decision regarding review of an appeal as follows:

## **Group Health Benefits Claims Procedure (Cont.)**

Claims. Guardian will notify the claimant of its decision not later than 60 days after receipt of the request for review of the adverse benefit determination.

## Options

Alternative Dispute The claimant and the plan may have other voluntary alternative dispute resolution options, such as mediation. One way to find out what may be available is to contact the local U.S Department of Labor Office and the State insurance regulatory agency.

B055.0061

## **All Options**

## Termination of This Group Plan

Your employer may terminate this group plan at any time by giving us 31 days advance written notice. This plan will also end if your employer fails to pay a premium due by the end of this grace period.

We may have the option to terminate this plan if the number of people insured falls below a certain level.

When this plan ends, you may be eligible to continue your insurance coverage. Your rights upon termination of the plan are explained in this booklet.

B800.0086

## YOUR BENEFITS INFORMATION - ANYTIME, ANYWHERE

#### www.GuardianAnytime.com

Insured employees and their dependents can access helpful, secure information about their Guardian benefits(s) online at:

GuardianAnytime.com - 24 hours a day, 7 days a week.

Anytime, anywhere you have an internet connection you will be able to:

- Review your benefits
- Look up coverage amounts
- Check the status of a claim
- Print forms and plan materials
- And so much more!

To register, go to www.GuardianAnytime.com

## **S** Guardian

The Guardian Life Insurance Company of America 10 Hudson Yards New York, New York 10001