

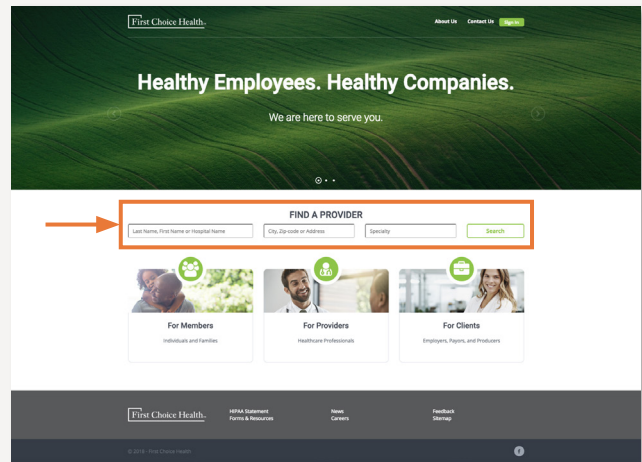
If you don't find the location or in-network providers you want at kp.org/wa/directory, you have access to 2 additional provider networks we contract with.

2. First Choice Health Network

For Washington, Oregon, Idaho, Montana, and Alaska, go to fchn.com

To find a provider:

- Fill in the **Find a Provider** fields for location, specialty, and name (if you have one), then hit **search**.
- A pop-up will ask you to select "Entire First Choice Health PPO Network," "Employer/Group ID," or "Employer/Group/Trust Name." Select "**Entire First Choice Health PPO Network.**" Then view your results.

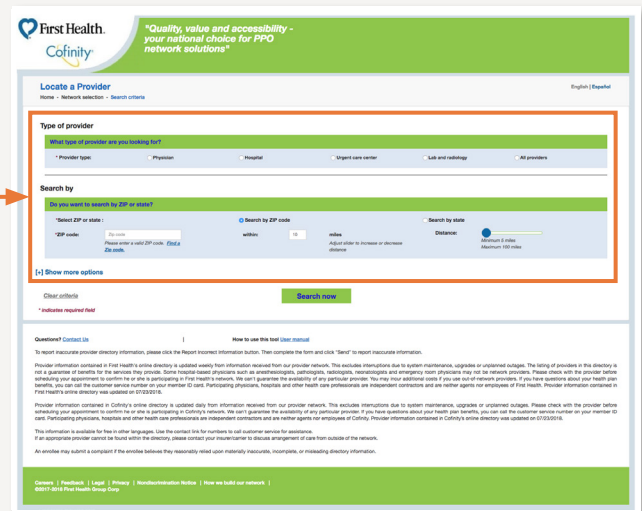


3. First Health Network

For all other states, go to myfirsthealth.com

Outside the Pacific Northwest, you have the First Health national network. This network is extensive with 5,000 hospitals and over 1 million health professionals.

- To find providers, click "**Start Now,**" select the type of provider you're looking for, and decide whether you want to search by ZIP code or state. Fill out the appropriate fields related to location.
- Click on "**Search now**" to view your results.



Looking for a pharmacy?

You'll find hundreds of in-network pharmacies at kp.org/wa/directory.

You also have access to the OptumRx national pharmacy network.

For a list of the OptumRx pharmacies in Washington, go to kp.org/wa/optumrx-wa.

Member Services can help

You can always call Member Services for assistance in finding a provider or pharmacy in your network. Call Monday through Friday, 8 a.m. to 8 p.m. (Pacific time).

1-888-901-4636 or **206-630-4636**
711 (TTY deaf or hard of hearing)