

# Get help with a complex or unexpected health issue



It's easy to take our health for granted. Then life throws us an unexpected challenge—like a cancer diagnosis or a serious accident. Fortunately, our Care Managers are here to help and it's at no cost to you.

## Our Care Management team will help you:



UNDERSTAND WHAT YOUR  
HEALTH PLAN INCLUDES



FIND SPECIAL EQUIPMENT LIKE  
WHEELCHAIRS OR WALKERS



GET REFERRALS TO IN-NETWORK  
DOCTORS YOU NEED



MAKE THE BEST CHOICES  
FOR YOUR CARE



KNOW THE COST OF  
MEDICATIONS

## Lean on our team

If you or a family member are coping with a complex medical condition, or dealing with a catastrophic illness or a traumatic injury, a care manager may be of help.

TO LEARN MORE, CALL **1-877-694-2583**  
OR GET MORE INFORMATION AT **[azblue.com/HealthyBlue](http://azblue.com/HealthyBlue)**



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